

Hartside Duathlon
14th October 2012

Bib	First Name	Last Name	Club	Cat	Sex	Run 1	Cycle inc T1	Run 2 inc T2	Overall	Position		
										O/A	Cat	Sex
54	Daryl	Oguona		MS	M	19:46.7	01:02:29.05	00:21:06.05	01:43:21.80	1	1	1
57	Michael	Pluckrose	Carlisle Tri Club	MV40	M	19:29.2	01:03:57.90	00:20:39.65	01:44:06.75	2	1	2
62	Mark	Ryan	Carlisle Tri	MS	M	19:29.1	01:02:32.30	00:22:06.40	01:44:07.80	3	2	3
38	Anthony	Labram	Arragons Cumbrian Tri Club	MV40	M	19:28.7	01:03:58.10	00:21:22.80	01:44:49.60	4	2	4
46	Rg	Mclean	Angus Bike Chain	MV50	M	21:00.8	01:00:41.80	00:23:29.65	01:45:12.25	5	1	5
58	Kevin	Pritchard	Tri Lakeland	MV40	M	20:12.1	01:03:40.10	00:22:13.10	01:46:05.30	6	3	6
94	Ian	Pipes	Carlisle Tri	MT	T	19:22.4	01:05:25.70	00:21:28.55	01:46:16.65	7	1	1
90	Stephen	Harris		MS	M	20:28.1	01:03:19.30	00:22:51.95	01:46:39.30	8	3	7
41	Luke	Douglas		MS	M	20:18.5	01:05:37.50	00:23:09.70	01:49:05.70	9	4	8
77	John	Waite	Carlisle Tri	MT	T	19:05.7	01:10:27.20	00:20:03.95	01:49:36.80	10	2	2
71	Davey	Thompson		MS	M	20:17.3	01:06:49.85	00:22:49.70	01:49:56.85	11	5	9
50	Steve	Morley		MV40	M	20:48.6	01:10:07.85	00:23:06.30	01:54:02.70	12	4	10
32	Christopher	Holliday	Gosforth RC	MS	M	21:33.8	01:07:13.75	00:26:15.20	01:55:02.80	13	6	11
85	Paul	Alcock	Carlisle Tri	MV40	M	21:34.7	01:10:20.35	00:23:35.40	01:55:30.40	14	5	12
30	Kevin	Hoban	Honister 92	MV40	M	22:08.0	01:08:04.00	00:25:26.40	01:55:38.35	15	6	13
60	Neil	Robinson	BorderCity Wheelers	MV40	M	23:43.5	01:06:29.05	00:26:20.15	01:56:32.70	16	7	14
63	Tom	Shelton	Wakefield Triathalon	MS	M	23:09.3	01:06:53.05	00:26:50.95	01:56:53.25	17	7	15
84	Chris	Wood		MS	M	24:19.4	01:05:19.00	00:27:22.65	01:57:01.10	18	8	16
82	James	Williamson	None	MS	M	22:19.4	01:09:03.15	00:26:01.00	01:57:23.60	19	9	17
74	Oliver	Turvey		MS	M	20:57.1	01:08:08.05	00:28:55.35	01:58:00.45	20	10	18
7	Scott	Boyd		MS	M	20:11.0	01:15:58.75	00:22:05.25	01:58:15.05	21	11	19
95	Oli	Burns		MS	M	24:00.2	01:07:59.10	00:26:27.55	01:58:26.80	22	12	20
31	Keith	Holden		MV40	M	23:56.7	01:07:59.85	00:26:56.15	01:58:52.75	23	8	21
42	Lee	Maddison		MS	M	22:38.8	01:11:08.15	00:25:15.90	01:59:02.85	24	13	22
47	Keith	Melvin	U/A	MS	M	20:27.0	01:11:26.80	00:27:36.45	01:59:30.30	25	14	23
28	Ruth	Hetherington	The Golden Girls	FT	T	20:40.3	01:17:08.50	00:21:51.95	01:59:40.75	26	1	3
29	Andrew	Hetherington	Edenhall CC	MT	T	22:37.9	01:12:50.90	00:24:29.85	01:59:58.65	27	3	4
13	David	Cole	Cleveland Wheelers	MS	M	22:49.4	01:11:48.45	00:25:44.20	02:00:22.10	28	15	24
44	Paul	Mcknespiey	Carlisle Tri Club	MV40	M	22:11.4	01:13:22.00	00:25:07.90	02:00:41.30	29	9	25
75	Louisa	Twedde	Girls a Go Go	FT	T	22:18.1	01:14:55.65	00:23:36.80	02:00:50.55	30	2	5
25	Stephen	Gray		MV40	M	23:53.0	01:11:47.05	00:25:27.75	02:01:07.80	31	10	26
22	Gerry	Ritchie	Sunderland Strollers	MV40	M	22:31.1	01:14:05.15	00:25:22.75	02:01:59.00	32	11	27
79	Gillian	Wilkinson	Borrowdale Fell Runners	MXT	T	27:49.0	01:05:53.80	00:28:56.40	02:02:39.25	33	1	6
56	Steven	Patterson	Eden Runners	MV40	M	22:11.4	01:14:58.40	00:25:47.85	02:02:57.60	34	12	28
64	Richard	Sill	Morpeth Harriers	MV50	M	22:23.4	01:12:15.50	00:28:20.55	02:02:59.40	35	2	29

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59	Derek	Queenan	Tri Lakeland	MS	M	23:36.8	01:13:02.70	00:27:01.25	02:03:40.75	36	16	30
73	Michael	Toth	Carlisle Tri	MV50	M	23:27.4	01:13:21.10	00:27:09.35	02:03:57.80	37	3	31
70	Nick	Thomas		MXT	T	27:00.0	01:08:29.60	00:28:40.20	02:04:09.80	38	2	7
80	Belcher	William		MXT	T	29:47.8	01:03:43.15	00:30:45.60	02:04:16.50	39	3	8
36	Neill	Jobling		MS	M	24:58.6	01:12:41.35	00:26:50.45	02:04:30.45	40	17	32
89	Iain	Nellis		MV40	M	23:35.0	01:13:45.70	00:28:40.15	02:06:00.80	41	13	33
12	Stevie	Clark		MV50	M	21:51.0	01:20:32.20	00:24:00.00	02:06:23.15	42	4	34
52	Craig	Nicholl	Sun City Tri	MS	M	23:41.7	01:16:26.30	00:26:16.25	02:06:24.25	43	18	35
9	Alun	Brown		MS	M	23:58.8	01:14:24.30	00:28:39.35	02:07:02.40	44	19	36
61	Christopher	Robson		MS	M	21:56.5	01:18:50.25	00:26:37.40	02:07:24.15	45	20	37
76	Desmond	Varian	Carlisle Tri Club	MV60	M	24:22.2	01:13:54.30	00:29:19.10	02:07:35.60	46	1	38
66	Ben	Singleton		MU18	M	21:11.0	01:24:01.15	00:23:57.80	02:09:09.95	47	1	39
51	Kevin	Moss		MS	M	21:59.0	01:21:37.10	00:26:19.40	02:09:55.50	48	21	40
45	Steven	Mclaughlin		MS	M	24:34.6	01:18:43.10	00:27:10.40	02:10:28.05	49	22	41
88	Louie	Plenderleith	Fusion Tri	MV50	M	24:24.5	01:20:16.20	00:27:30.45	02:12:11.10	50	5	42
93	Gary	Dixon	Carlisle Tri	MS	M	24:50.9	01:17:29.45	00:31:11.40	02:13:31.70	51	23	43
10	Peter	Browne		MV50	M	24:43.9	01:20:57.30	00:28:38.25	02:14:19.45	52	6	44
27	Alex	Heron		MV50	M	25:04.2	01:21:31.25	00:29:04.15	02:15:39.55	53	7	45
1	Les	Abernethy		MV50	M	25:16.7	01:19:53.65	00:30:53.80	02:16:04.10	54	8	46
33	Ian	Horne	Eden Runners	MV40	M	23:39.3	01:18:37.70	00:34:03.80	02:16:20.80	55	14	47
4	Damien	Berest	Edinburgh RC	MXT	T	29:34.7	01:17:33.85	00:32:00.30	02:19:08.85	56	4	9
23	Kevin	Gibbons	Border City Wheelers	MV50	M	25:52.0	01:23:21.05	00:31:39.65	02:20:52.70	57	9	48
86	Michael	Browne		MV50	M	25:08.6	01:24:11.75	00:32:30.80	02:21:51.15	58	10	49
81	Kevan	Williams		MS	M	24:49.5	01:26:27.15	00:31:21.95	02:22:38.60	59	24	50
15	Teresa	Douglas	Arragons Cumbrian Tri Club	MXT	T	24:48.0	01:31:42.95	00:26:07.90	02:22:38.80	60	5	10
68	Phil	Sturgess		MV40	M	25:00.7	01:32:17.45	00:28:09.25	02:25:27.35	61	15	51
91	John	Dowie		MS	M	27:07.5	01:32:03.65	00:30:45.05	02:29:56.20	62	25	52
14	Paul	Davison		MS	M	28:16.1	01:28:29.65	00:33:49.45	02:30:35.20	63	26	53
40	Peter	Leese		MS	M	28:16.9	01:31:33.25	00:33:57.55	02:33:47.75	64	27	54
83	Michael	Wilson		MV40	M	28:16.2	01:29:51.00	00:38:06.90	02:36:14.10	65	16	55
35	Andrew	Hudson		MS	M	25:57.7	01:38:23.15	00:35:04.00	02:39:24.90	66	28	56
92	Deborah	Turner		FV40	F	28:20.9	01:36:20.85	00:34:44.05	02:39:25.80	67	1	1
55	Eunice	O'Neill		FV40	F	27:12.0	01:40:44.25	00:33:09.30	02:41:05.50	68	2	2
87	Anne	Plenderleith	Fusion Tri	FV50	F	30:54.7	01:37:03.60	00:34:30.80	02:42:29.05	69	1	3
69	Karen	Sturgess	Keswick AC	FV40	F	33:10.4	01:33:35.40	00:37:09.90	02:43:55.70	70	3	4

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43	Sheena	Mckenna		FS	F	28:54.0	01:42:12.10	00:33:26.15	02:44:32.20	71	1	5
11	Christopher	Johnston		MV40	M	26:42.2	01:58:45.20	00:29:48.10	02:55:15.50	72	17	57
37	Keith	Forrester	None	MV60	M	30:29.4	01:47:10.60	00:37:36.40	02:55:16.40	73	2	58
18	Alice	Forrester		FS	F	28:17.6	01:55:11.10	00:33:17.40	02:56:46.05	74	2	6
67	Simon	Stewart	Carlisle triathlon club	MV40	M	24:31.7	01:19:52.65			DNF		
65	Paul	Simpson		MV40	M	32:09.7	01:20:34.70			DNF		
2	John	Andrew		MV40	M	29:29.8	01:43:21.65			DNF		
34	Sheila	Hudson	Sunderland Strollers	FV50	F	33:12.1				DNF		
26	Paul	Greeson		MV40	M	24:06.5				DNF		
3	Simon	Ash	Arragons Cumbrian Tri Club	MV40	M	DNS						
5	Paul	Berry		MS	M	DNS						
6	Harvey	Bewley		MS	M	DNS						
8	Simon	Brannon		MS	M	DNS						
16	John	Fenwick	Harrogate Tri club	MV50	M	DNS						
17	Jon	Fletcher	Arragons Cumbrian Tri Club	MS	M	DNS						
19	Jack	Forrester		MS	M	DNS						
20	Rebecca	Fox		FS	F	DNS						
21	Steven	Garner		MS	M	DNS						
24	John	Goodfellow		MS	M	DNS						
39	Paul	Lawrence		MV40	M	DNS						
48	Adam	Micklethwaite		MT	T	DNS						
49	Kenny	Mitchell	Man-tri	MV40	M	DNS						
53	David	Noble		MXT	T	DNS						
72	Tony	Tombs	U/A	MV50	M	DNS						
78	Luke	Walsh	Arragon's tri club	MS	M	DNS						