

Carlisle Resolution 10k 2014

Bib	First	Last	Club	Cat	Sex	Finish	OA	Cat	Sex
139	Michael	Crawley	Corstorphine AAC	MS	M	00:31:17.50	1	1	1
53	Jon	Fletcher	Border Harriers	MS	M	00:31:55.60	2	2	2
204	James	Buis	Unattached	MS	M	00:33:15.15	3	3	3
120	Russell	Maddams	Keswick AC	MV40	M	00:33:22.20	4	1	4
13	Bob	Hodgson	Carlisle Tri Club	MS	M	00:33:30.35	5	4	5
94	Mike	Scott	Unattached	MV40	M	00:33:44.95	6	2	6
213	Richard	Anderson	Holmfirth Harriers	MS	M	00:33:52.60	7	5	7
114	Steven	Duffy	Sunderland Harriers	MS	M	00:34:05.65	8	6	8
179	Mark	Walsh	Ellenborough AC	MS	M	00:34:14.60	9	7	9
241	John	French	Eden Runners	MS	M	00:34:44.35	10	8	10
164	Thomas	Durcan	Derwent Athletic Club	MS	M	00:35:08.75	11	9	11
109	Patrick	Duffy	Blackhill Bounders	MS	M	00:35:18.45	12	10	12
85	Cees	VanderLand	Tyne Bridge Harriers	MS	M	00:35:26.60	13	11	13
171	Stuart	Robinson	Arragons Cumbrian TC	MV50	M	00:35:31.20	14	1	14
40	Jonathan	Cox	Eden Runners	MS	M	00:35:48.95	15	12	15
55	Richard	Mace	Border Harriers	MS	M	00:36:03.05	16	13	16
24	Iain	Weisser	Unattached	MS	M	00:36:20.80	17	14	17
113	Paul	Collins	Sunderland Harriers	MV50	M	00:36:22.80	18	2	18
272	James	Kenny	Eden Runners	MV50	M	00:36:46.10	19	3	19
88	Andy	Niven	Unattached	MS	M	00:37:30.80	20	15	20
57	Ewan	Waite	Border Harriers	MJ	M	00:37:58.90	21	1	21
121	Pippa	Maddams	Keswick AC	FS	F	00:38:05.05	22	1	1
256	Steve	Murdoch	Fell Runners Association	MV50	M	00:38:07.50	23	4	22
254	David	Lawson	Unattached	MV40	M	00:38:24.00	24	3	23
86	Peter	Walker	Derwent Athletic Club	MV40	M	00:38:25.20	25	4	24
232	Barry	Johnstone	Carlisle Tri Club	MS	M	00:38:32.00	26	16	25
9	Stephen	Pagan	Carlisle Tri Club	MS	M	00:38:33.35	27	17	26
282	Stu	Windsor	Border Harriers	MV40	M	00:38:38.70	28	5	27
231	Gareth	Presch	Border Harriers	MS	M	00:38:53.75	29	18	28
20	Paul	McKnespiey	Carlisle Aspatria AC	MV40	M	00:39:15.10	30	6	29
6	Howard	Cain	Border City Wheeliers	MV40	M	00:39:26.55	31	7	30
33	David	Liddle	Unattached	MV40	M	00:39:33.35	32	8	31
77	Chris	Davison	Carlisle Tri Club	MV50	M	00:39:46.95	33	5	32
111	Jason	Collier	Unattached	MS	M	00:39:47.55	34	19	33

Bib	First	Last	Club	Cat	Sex	Finish	OA	Cat	Sex
22	Kevin	Scott	Unattached	MV40	M	00:39:56.10	35	9	34
176	Martin	Hepworth	Eden Runners	MV40	M	00:39:57.95	36	10	35
1	Shaun	Wood	Unattached	MS	M	00:40:06.70	37	20	36
229	Luke	Wordsworth	Carlisle Tri Club	MS	M	00:40:23.45	38	21	37
156	Alison	Daly	Kendal AC	FS	F	00:40:31.15	39	2	2
168	Ian	McDougall	Cumberland AC	MV40	M	00:40:34.15	40	11	38
169	Antony	Briscoe	Cumberland AC	MV50	M	00:40:37.60	41	6	39
129	Sam	McCreadie	Blackburn Harriers & AC	FS	F	00:40:38.35	42	3	3
180	Mark	Colman	Carlisle Tri Club	MS	M	00:40:53.95	43	22	40
243	Neil	Sideway	Cumberland Fell Runners	MV50	M	00:41:01.10	44	7	41
252	Thomas	Towle	Carlisle Tri Club	MS	M	00:41:13.30	45	23	42
228	Richard	Grice	Unattached	MS	M	00:41:20.95	46	24	43
21	Emma	McKnespiey	Carlisle Aspatria AC	FV40	F	00:41:23.95	47	1	4
259	Heather	Halliday	Bedale & Aiskew Runners	FV50	F	00:41:27.95	48	1	5
117	Kev	Mulvey	DH Runners	MS	M	00:41:31.05	49	25	44
251	Julie	Carter	Keswick AC	FV40	F	00:41:35.30	50	2	6
189	Mike	Bell	Eden Runners	MS	M	00:41:36.55	51	26	45
26	Graeme	Fox	Ellenborough AC	MS	M	00:41:42.45	52	4	7
128	David	Todd	Quakers Running Club	MV40	M	00:41:55.85	53	12	46
146	Samantha	Ayers	Keswick AC	FV40	F	00:42:08.00	54	3	8
107	Tom	Greenwood	Unattached	MS	M	00:42:20.70	55	27	47
268	Stephen	Douglas	Ellenborough AC	MS	M	00:42:21.90	56	28	48
279	David	Magri	Unattached	MS	M	00:42:24.05	57	29	49
59	James	Ritchie	Unattached	MS	M	00:42:29.60	58	30	50
239	Vanessa	Stricland	Unattached	FV40	F	00:42:33.10	59	4	9
69	Lee	Calvert	Unattached	MS	M	00:42:37.70	60	31	51
273	Geoffrey	Chapman	Eden Runners	MV40	M	00:43:05.15	61	13	52
167	Suzanne	Toppin	Unattached	FV40	F	00:43:12.20	62	5	10
287	Emily	Crookall-Nixon	Unattached	FS	F	00:43:16.50	64	5	11
172	Roger	Grey	Unattached	MV50	M	00:43:16.50	63	8	53
61	Jade	Gilchrist	Unattached	FS	F	00:43:16.60	65	6	12
74	Andrew	Kirkman	Arragons Cumbrian TC	MV40	M	00:43:29.20	66	14	54
201	John	McGibbon	Border Harriers	MV40	M	00:43:30.10	67	15	55
160	Jo	Gillyon	Keswick AC	FS	F	00:43:31.00	68	7	13
281	Mark	Shepherd	Eden Runners	MS	M	00:43:59.45	69	32	56
170	William	Martin	Unattached	MV40	M	00:44:08.10	70	16	57

Bib	First	Last	Club	Cat	Sex	Finish	OA	Cat	Sex
276	Ewan	Graham	Unattached	MV40	M	00:44:11.90	71	17	58
127	Louise	Trainor	Quakers Running Club	FV40	F	00:44:18.25	72	6	14
244	Dayle	Armstrong	Carlisle Tri Club	MS	M	00:44:26.60	73	33	59
194	Helen	Winskill	Keswick AC	FS	F	00:44:27.30	74	8	15
297	Jason	Pollock	Carlisle Sheepmount	MV40	M	00:44:46.80	75	18	60
148	Rachel	Mellor	Keswick AC	FS	F	00:44:51.35	76	9	16
54	Steve	Viney	Unattached	MV60	M	00:45:00.35	77	1	61
115	Peter	Garnett	Border Harriers	MV50	M	00:45:02.30	78	9	62
289	Teresa	Medley	Border Harriers	FV40	F	00:45:05.85	79	7	17
200	Hayley	Hodgson	Keswick AC	FV40	F	00:45:09.30	80	8	18
78	Neil	Jamieson	Carlisle Tri Club	MV60	M	00:45:13.35	81	2	63
225	Danny	Wilkinson	Carlisle Tri Club	MS	M	00:45:19.15	82	34	64
215	Daniel	Mullinder	Unattached	MV40	M	00:45:23.30	83	19	65
195	Andrew	Walker	Eden Runners	MV50	M	00:45:28.50	84	10	66
162	Stephen	Braithwaite	Helm Hill Runners	MV40	M	00:45:32.80	85	20	67
96	Lydia	Collins	St Bees Trier	FS	F	00:45:36.65	86	10	19
270	John	Handley	Unattached	MV40	M	00:45:38.90	87	21	68
267	Jonatha	Marshall	Unattached	MS	M	00:45:42.25	88	35	69
72	Anna	Kirby	Border Harriers	FS	F	00:45:47.50	89	11	20
286	Wayne	Horsley	Unattached	MS	M	00:45:48.20	90	36	70
277	Carl	Wilkoski	Carlisle Tri Club	MS	M	00:45:54.50	91	37	71
288	Mark	Thomlinson	Unattached	MV40	M	00:46:05.90	92	22	72
58	Nicola	Carruthers	Carlisle Tri Club	FS	F	00:46:15.60	93	12	21
209	Martin	Middlemiss	Unattached	MV40	M	00:46:16.20	94	23	73
291	Lee	Dougherty	Unattached	MS	M	00:46:22.10	95	38	74
253	Richard	Hill	Carlisle Tri Club	MV40	M	00:46:26.60	96	24	75
152	Iain	Dalby	Tyne Bridge Harriers	MS	M	00:46:27.90	97	39	76
73	Andy	McDonald	Unattached	MS	M	00:46:30.65	98	40	77
242	Fiona	Todd	Unattached	FV40	F	00:46:33.80	99	9	22
90	Gary	Miller	Carlisle Tri Club	MV40	M	00:46:35.50	101	26	79
4	Nick	Thomas	Unattached	MV40	M	00:46:35.50	100	25	78
219	Siobhan	Brewer	Keswick AC	FV40	F	00:46:36.20	102	10	23
214	Deborah	Curle	Unattached	FV50	F	00:46:36.70	103	2	24
51	Wayne	Watson	DH Runners	MV40	M	00:46:42.90	104	27	80
211	Niklas	Heinemann	Unattached	MS	M	00:46:51.40	105	41	81
238	Billie	Dodd	Unattached	FS	F	00:46:56.90	106	13	25

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18	Andy	Baker	DH Runners	MV40	M	00:47:01.10	107	28	82
226	Chris	Cook	Unattached	MS	M	00:47:03.05	108	42	83
205	James	Irving	Carlisle Tri Club	MS	M	00:47:07.00	109	43	84
224	Colin	Braid	Dumfries Running Club	MV40	M	00:47:10.80	110	29	85
278	James	Scott	Eden Runners	MS	M	00:47:18.35	111	44	86
292	Gavin	Graham	Unattached	MS	M	00:47:18.70	112	45	87
175	Claire	Calverley	Blyth Running Club	FS	F	00:47:19.90	113	14	26
177	David	Roberts	Blyth Running Club	MV50	M	00:47:20.25	114	11	88
246	Chris	Knox	Unattached	MV50	M	00:47:25.25	115	12	89
159	Paul	Saager	Eden Runners	MV60	M	00:47:26.40	116	3	90
203	Lindsay	Walker	Unattached	FS	F	00:47:28.20	117	15	27
216	Pradeep	Bhagawan	Carlisle Tri Club	MV50	M	00:47:41.60	118	13	91
132	Craig	Harper	Unattached	MS	M	00:47:45.90	119	46	92
161	Doti	Scillatchi	Carlisle Tri Club	FV40	F	00:47:46.00	120	11	28
263	Steve	Halliday	Unattached	MV50	M	00:47:46.65	121	14	93
294	Jill	Gardiner	Unattached	FS	F	00:47:48.65	122	16	29
283	Peter	Murray	Unattached	MS	M	00:47:51.10	123	47	94
274	Jack	Muzur	Carlisle Tri Club	MS	M	00:47:52.30	124	48	95
275	David	Jamieson	Carlisle Tri Club	MV40	M	00:47:55.80	125	30	96
135	Jill	Graham	Unattached	FS	F	00:47:56.00	126	17	30
235	Suzanne	Smith	Keswick AC	FV40	F	00:48:10.90	127	12	31
192	Tony	Lowery	Eden Runners	MV40	M	00:48:20.85	128	31	97
79	Maureen	Parker	Tynedale Harriers	FV40	F	00:48:22.30	129	13	32
118	John	Lewis	Unattached	MV60	M	00:48:24.85	130	4	98
131	Richard	Hill	Eden Runners	MV40	M	00:48:34.70	131	32	99
70	Chris	Robinson	Unattached	MV50	M	00:48:35.70	132	15	100
2	Gary	Ellison	Unattached	MS	M	00:48:39.60	133	49	101
223	Linda	Oates	Dumfries Running Club	FV50	F	00:48:40.90	134	3	33
49	Toni	Chaplin-Armer	Carlisle Sheepmount	FV40	F	00:48:45.60	135	14	34
48	S.	Webber	Unattached	FV40	F	00:48:48.85	136	15	35
166	Amanda	Singleton	Eden Runners	FV40	F	00:48:49.10	137	16	36
199	Anna	Whitemore	Eden Runners	FS	F	00:48:50.55	138	18	37
153	Katherine	Harvey	Unattached	FS	F	00:48:53.55	139	19	38
249	Stephen	Blackwell	Unattached	MS	M	00:48:59.05	140	50	102
258	Peter	Campbell	Border Harriers	MV50	M	00:49:06.40	141	16	103
67	Philip	Meloy	Unattached	MS	M	00:49:12.00	142	51	104

Bib	First	Last	Club	Cat	Sex	Finish	OA	Cat	Sex
155	Alison	Price-Jones	Unattached	FV50	F	00:49:17.55	143	4	39
265	Jason	Smith	Unattached	MV40	M	00:49:19.90	144	33	105
71	Michael	Wilson	Unattached	MV40	M	00:49:23.55	145	34	106
163	Julia	King	Eden Runners	FV60	F	00:49:29.25	146	1	40
32	Liam	Paterson	Unattached	MV50	M	00:49:31.50	147	17	107
136	Steven	Claribold	DH Runners	MS	M	00:49:44.10	148	52	108
260	Dave	Thompson	Carlisle Tri Club	MV50	M	00:49:55.10	149	18	109
250	Sam	Starmer	Wigton Road Runners	MS	M	00:49:58.20	150	53	110
92	James	Johnstone	Keswick AC	MV60	M	00:49:58.60	151	5	111
91	Kate	Johnstone	Keswick AC	FV60	F	00:49:59.25	152	2	41
261	Morag	Thompson	Carlisle Tri Club	FV40	F	00:50:03.80	153	17	42
3	Dale	Cowton	Unattached	MS	M	00:50:07.15	154	54	112
150	Juliet	Grieves	Keswick AC	FV40	F	00:50:08.10	155	18	43
186	Emma	McKinney	Keswick AC	FJ	F	00:50:18.45	156	1	44
106	Mark	Smyth	Unattached	MS	M	00:50:20.80	157	55	113
220	Elizabeth	Forsyth	Unattached	FV40	F	00:50:32.80	158	19	45
293	Kieren	Ewart	Unattached	MS	M	00:50:33.15	159	56	114
197	Tom	Brown	Wigton Road Runners	MV50	M	00:50:34.60	160	19	115
138	David	Peacock	Eden Runners	MV50	M	00:50:35.45	161	20	116
230	Julie	Ross	Carlisle Tri Club	FV40	F	00:50:36.20	162	20	46
101	Catherine	Keevil	Unattached	FS	F	00:50:39.45	163	20	47
43	Timothy	Baugh	Unattached	MV40	M	00:50:45.75	164	35	117
206	Janet	Campbell	Unattached	FV50	F	00:51:04.35	165	5	48
264	Chris	Winspear	Unattached	MV40	M	00:51:20.15	166	36	118
7	Sarah	Dent	Unattached	FS	F	00:51:31.60	167	21	49
193	Andy	Sweetman	Unattached	MV40	M	00:51:39.10	168	37	119
66	Alison	McKie	Carlisle Tri Club	FS	F	00:51:39.30	169	22	50
165	Angela	Watson	Eden Runners	FS	F	00:51:46.00	170	23	51
236	Tony	Walker	Ambleside AC	MV70	M	00:51:46.55	171	1	120
116	Lindsay	Graham	DH Runners	FS	F	00:51:55.00	172	24	52
23	Heather	Burrige	Carlisle Tri Club	FV40	F	00:51:56.95	173	21	53
221	Peter	Forsyth	Unattached	MV40	M	00:51:58.85	174	38	121
108	Dean	Collier	Unattached	MS	M	00:52:02.95	175	57	122
140	Elizabeth	Sochacka	Carlisle Tri Club	FV40	F	00:52:11.30	176	22	54
217	Kathleen	Batty	Carlisle Tri Club	FS	F	00:52:20.20	177	25	55
207	Claire	Norman	Tyne Bridge Harriers	FS	F	00:52:23.00	178	26	56

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89	Adam	Roberts	Unattached	MS	M	00:52:24.55	179	58	123
198	Sharron	Clarke	Wigton Road Runners	FV40	F	00:52:27.45	180	23	57
29	Paul	Denyer	St Bees Tri Clubers	MV40	M	00:52:31.10	181	39	124
178	Emily	McIlwaine	Unattached	FS	F	00:52:51.10	182	27	58
46	Nicola	Fell	Carlisle Tri Club	FS	F	00:52:53.75	183	28	59
208	Amy	Gallagher	Unattached	FS	F	00:52:56.95	184	29	60
37	Lisa	Varty	Sands Runners	FS	F	00:52:57.80	185	30	61
110	Steve	Lacey	Unattached	MV40	M	00:53:40.75	186	40	125
269	Carolyn	Burns	Unattached	FV40	F	00:53:44.65	187	24	62
12	Sarah	Bryce	Unattached	FS	F	00:53:54.45	188	31	63
11	Don	Pashley	Unattached	MS	M	00:53:58.30	189	59	126
202	Holly	Calvert	Unattached	FS	F	00:53:59.05	190	32	64
100	Euan	Naylor	Unattached	MS	M	00:54:10.40	191	60	127
280	Sarah	McDermott	Carlisle Tri Club	FS	F	00:54:20.75	192	33	65
245	Angus	McCall	Unattached	MV40	M	00:54:28.10	193	41	128
157	Bronwyn	McCall	Unattached	FV40	F	00:54:28.70	194	25	66
151	Charly	Blackburn	Tyne Bridge Harriers	FS	F	00:54:32.00	195	34	67
97	Neil	Conacher	J.R.C.	MV50	M	00:54:40.20	196	21	129
298	Andrw	Atkinson	Carlisle Tri Club	MV50	M	00:54:42.35	197	22	130
143	George	Fraser	Annan AC	MV60	M	00:54:46.30	198	6	131
295	Sandra	Davidson	Carlisle Tri Club	FV40	F	00:54:47.90	199	26	68
154	Kevin	Whitemore	Eden Runners	MV60	M	00:54:50.40	200	7	132
87	Sarah	Wright	Unattached	FS	F	00:55:16.00	201	35	69
285	Tasha	Walsh	MyTriClub	FS	F	00:55:21.70	202	36	70
95	Ross	Olney	Unattached	MS	M	00:55:44.80	203	61	133
39	Mel	Warwick	Sands Runners	FS	F	00:55:54.55	204	37	71
222	Tristan	Reid	Unattached	MS	M	00:55:58.40	205	62	134
45	Carole	Steele	Unattached	FV50	F	00:56:05.25	206	6	72
112	Kelly	Smith	Unattached	FS	F	00:56:08.60	207	38	73
255	Clare	White	Unattached	FS	F	00:56:11.20	208	39	74
124	Colin	Gourlay	Musselburgh & Dist AC	MV40	M	00:56:15.50	209	42	135
104	Maria	Renucci	Carlisle Tri Club	FV40	F	00:56:34.80	210	27	75
47	Helen	Fell	Sands Runners	FS	F	00:56:42.15	211	40	76
34	Lisa	Brunton	Unattached	FS	F	00:56:42.40	212	41	77
35	Bob	Lamb	Unattached	MS	M	00:56:42.85	213	63	136
98	Meg	Conacher	J.R.C.	FV40	F	00:56:48.15	214	28	78

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257	Elaine	Wilcox	Unattached	FV50	F	00:56:55.25	215	7	79
30	Vicki	Boa	Unattached	FS	F	00:56:55.90	216	42	80
234	Gill	Silson	Eden Runners	FV50	F	00:57:02.55	217	8	81
144	Alison	Walker	Eden Runners	FS	F	00:57:05.65	218	43	82
103	Linda	McGinley	Eden Runners	FV50	F	00:57:06.50	219	9	83
271	Andrew	Wilson	Unattached	MS	M	00:57:21.00	220	64	137
99	Sergelen	Tsogtsaikhan	J.R.C.	MS	M	00:57:21.30	221	65	138
218	Jackie	Leech	Wigton Road Runners	FV40	F	00:57:22.35	222	29	84
149	Carol	Irving	Unattached	FS	F	00:57:24.40	223	44	85
187	Helena	Rath	Unattached	FS	F	00:57:30.20	225	45	87
60	Heather	Harrison	Unattached	FV40	F	00:57:30.20	224	30	86
133	Cartriona	Williams	Unattached	FS	F	00:57:30.65	226	46	88
147	Frances	Smith	Unattached	FS	F	00:57:30.70	227	47	89
17	Karen	Ibbotson	Unattached	FV50	F	00:57:32.55	228	10	90
68	Andrew	Maclver	Unattached	MS	M	00:57:34.95	229	66	139
5	Imogen	Barr	Unattached	FS	F	00:57:49.75	230	48	91
183	Carolyn	Helliwell	Unattached	FS	F	00:57:57.05	231	49	92
182	Jo	Falconer	Unattached	FS	F	00:57:57.15	232	50	93
227	Stephen	Rock	Unattached	MV60	M	00:58:10.20	233	8	140
50	Leslie	Taylor	Cumberland AC	MV40	M	00:58:11.50	234	43	141
190	Lucy	Cowton	Unattached	FV40	F	00:58:12.00	235	31	94
76	Silke	Davison	Unattached	FJ	F	00:58:12.80	236	2	95
75	Darren	Ryan	Unattached	MV40	M	00:58:18.20	237	44	142
296	Colin	Fell	Unattached	MV50	M	00:58:38.90	238	23	143
181	Claire	Borradaile	Unattached	FS	F	00:59:11.25	239	51	96
184	Kate	Stark	Fellside ladies	FS	F	00:59:12.30	240	52	97
284	Amy	Mackay	Unattached	FS	F	00:59:19.00	241	53	98
240	Katie	Ainsworth	Eden Runners	FS	F	00:59:25.75	243	54	100
8	Susan	Steel	Unattached	FV40	F	00:59:25.75	242	32	99
233	Shaun	Silson	Eden Runners	MV50	M	00:59:34.65	244	24	144
36	Nina	Errington	DH Runners	FS	F	00:59:40.75	245	55	101
41	Michelle	Mackay	Carlisle Sheepmount	FV40	F	00:59:48.40	246	33	102
105	David	Spicer	Unattached	MV70	M	01:00:03.85	247	2	145
14	Sharon	Irving	Unattached	FS	F	01:00:04.15	248	56	103
10	David	McGinn	Unattached	MV40	M	01:00:14.80	249	45	146
299	Petrina	Sidebottom	Unattached	FS	F	01:00:49.95	250	57	104

Bib	First	Last	Club	Cat	Sex	Finish	OA	Cat	Sex
125	Sally	Hedley	Unattached	FS	F	01:01:06.30	251	58	105
126	Andrew	Hedley	Unattached	MV40	M	01:01:07.40	252	46	147
188	Colin	Noble	Unattached	MV40	M	01:01:10.75	253	47	148
63	David	Graham	Jacuzzi Running Club	MS	M	01:01:15.50	254	67	149
62	Trina	Gilchrist	Unattached	FV40	F	01:01:21.80	255	34	106
84	Tracey	Pyper	Unattached	FV40	F	01:01:22.15	256	35	107
81	Andy	Grange	Unattached	MS	M	01:02:36.55	257	68	150
15	Laura	Vevers	Unattached	FS	F	01:02:56.55	258	59	108
16	Kirsty	Ash	Unattached	FV40	F	01:02:56.75	259	36	109
212	Lynn	Trussell	Unattached	FV50	F	01:02:58.50	260	11	110
266	Joanne	Rooney	Unattached	FV40	F	01:03:25.95	261	37	111
102	Louise	Holmes	Unattached	FS	F	01:03:35.25	262	60	112
38	Sarah	Hamilton	DH Runners	FS	F	01:03:38.40	263	61	113
145	Kathleen	Taylor	Eden Runners	FV40	F	01:03:49.70	264	38	114
174	Louise	Wilson	Unattached	FS	F	01:03:52.75	265	62	115
173	Penny	Wilson	Unattached	FV40	F	01:03:52.75	266	39	116
210	Kate	Whalen	Unattached	FS	F	01:04:23.90	267	63	117
83	Anita	Oram	Unattached	FV40	F	01:04:38.20	268	40	118
191	Susan	Raine	Wigton Road Runners	FV50	F	01:04:38.60	269	12	119
31	Emma	Gibson	Unattached	FS	F	01:05:55.95	270	64	120
237	Diane	Aitchison	Unattached	FS	F	01:06:09.55	271	65	121
122	JoAnn	McIntosh	Unattached	FV40	F	01:06:21.55	272	41	122
42	Frances	Braithwaite	Carlisle Sheepmount	FS	F	01:07:02.95	273	66	123
82	Bill	Murray	Unattached	MV50	M	01:10:04.20	274	25	151
80	Mark	O'Neil	Unattached	MV40	M	01:10:04.20	275	48	152
247	Susan	Telfer	Unattached	FS	F	01:11:14.55	276	67	124
196	Tanya	Brown	Wigton Road Runners	FV40	F	01:12:36.00	277	42	125
130	Tanveer	Rashid	Unattached	MS	M	01:13:44.55	278	69	153
44	Emma	Richardson	Carlisle Sheepmount	FS	F	01:17:31.30	279	68	126
185	Ann	Goucher-Patrick	Fellside ladies	FV40	F	01:20:57.75	280	43	127