







Bib	Name	Club	Cat	Sex	Swim	Pos	T1	Pos	Bike	Pos	T2	Pos	RunLap1	Pos	RunLap2	Pos	RunLap3	Pos	RunTotal	Pos	Finish	Overall	Cat	Sex	Penalties	
162	Martin Bluck	One Life Racing	M50	M	00:29:32	16	00:00:54	36	01:21:26	42	00:01:04	38	00:17:19	92												
92	Brian Yates	Butterfly Events	M30	M	00:33:29	64	00:01:03	53	01:14:21	12	00:01:10	54														
163	Des Sterland	Prison Service Triathlon	M35	M	00:37:31	125	00:02:57	169	01:32:53	115	00:01:41	128														
66	Douglas Feasey	DB Max Triathlon Club	M40	M	00:36:07	108	00:01:31	103	01:25:51	71	00:02:19	171														
15	Dave Butler	Arragons Tri Club	M40	M	01:11:45	183	00:02:43	163	01:31:19	105																
81	Ali Wilson	Carlisle Tri Club	F35	F	00:41:55	160	00:01:30	97	01:33:20	118																
69	Martin Burton	Carlisle Tri Club	M30	M	00:40:35	153	00:02:49	165	02:20:00	184																