

Hartside Duathlon Sunday October 12th

| No | Name | Club | Cat | Sex | Run 1 | Pos | T1 | Pos | Bike | Pos | T2 | Pos | Run 2 | Pos | Finish | Pos | Cat | Sex |
|-----|-----------------------------|------------------------|-------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|-----|-----|
| 659 | Ben Butler | Unattached | MS | M | 00:18:56 | 2 | 00:00:29 | 10 | 00:58:30 | 1 | 00:00:26 | 10 | 00:20:12 | 2 | 01:38:32 | 1 | 1 | 1 |
| 603 | Keith Melvin | Border City Whlrs | MS | M | 00:19:26 | 6 | 00:01:10 | 44 | 01:00:31 | 2 | 00:00:59 | 41 | 00:21:11 | 7 | 01:43:16 | 2 | 2 | 2 |
| 661 | Stephen Lewis | Carlisle Tri Club | MS | M | 00:19:15 | 5 | 00:00:27 | 7 | 01:02:30 | 3 | 00:00:26 | 11 | 00:21:26 | 10 | 01:44:04 | 3 | 3 | 3 |
| 680 | Michael Pluckrose | Carlisle Tri Club | MV40 | M | 00:18:58 | 3 | 00:00:27 | 6 | 01:05:36 | 7 | 00:00:18 | 2 | 00:19:39 | 1 | 01:44:38 | 4 | 1 | 4 |
| 653 | Chris Barnard | Sunderland Clarion | MS | M | 00:19:36 | 7 | 00:00:42 | 18 | 01:04:50 | 6 | 00:00:24 | 8 | 00:21:04 | 5 | 01:46:36 | 5 | 4 | 5 |
| 602 | Aaron Baglee | Aragons | Relay | T | 00:20:52 | 16 | 00:00:21 | 3 | 01:04:40 | 4 | 00:00:20 | 4 | 00:20:49 | 4 | 01:47:03 | 6 | 1 | 1 |
| 671 | John Shanks | Unattached | MS | M | 00:19:10 | 4 | 00:00:42 | 19 | 01:05:43 | 8 | 00:00:37 | 21 | 00:21:07 | 6 | 01:47:20 | 7 | 5 | 6 |
| 604 | Kenneth Johnson | Pioneer Scott Syncross | MV40 | M | 00:20:40 | 14 | 00:00:28 | 8 | 01:04:48 | 5 | 00:00:32 | 17 | 00:21:28 | 11 | 01:47:56 | 8 | 2 | 7 |
| 668 | Chris Horner | C.O.L.T. | Relay | T | 00:19:55 | 8 | 00:00:15 | 1 | 01:08:06 | 9 | 00:00:20 | 3 | 00:20:15 | 3 | 01:48:16 | 9 | 2 | 2 |
| 687 | David Muncaster | Tri Preston | MV40 | M | 00:21:07 | 18 | 00:00:34 | 13 | 01:08:24 | 10 | 00:00:30 | 12 | 00:23:09 | 19 | 01:53:44 | 10 | 3 | 8 |
| 684 | Christopher William Peareth | Unattached | MS | M | 00:21:52 | 22 | 00:00:37 | 15 | 01:09:12 | 13 | 00:00:24 | 6 | 00:23:11 | 20 | 01:55:15 | 11 | 6 | 9 |
| 637 | Luke Irons | Unattached | MS | M | 00:19:59 | 9 | 00:00:38 | 16 | 01:10:13 | 16 | 00:00:32 | 16 | 00:24:09 | 25 | 01:55:31 | 12 | 7 | 10 |
| 646 | David Winterbottom | Unattached | MS | M | 00:21:24 | 21 | 00:00:51 | 26 | 01:11:15 | 18 | 00:00:40 | 25 | 00:21:43 | 12 | 01:55:54 | 13 | 8 | 11 |
| 655 | Isaac Dunn | Ryton Tri Club | MS | M | 00:18:51 | 1 | 00:00:29 | 11 | 01:08:41 | 12 | 00:00:31 | 15 | 00:27:27 | 39 | 01:56:00 | 14 | 9 | 12 |
| 698 | Roger Whitehill | Unattached | MV40 | M | 00:20:30 | 11 | 00:00:54 | 29 | 01:15:25 | 28 | 00:00:31 | 14 | 00:21:21 | 9 | 01:58:40 | 15 | 4 | 13 |
| 605 | Andrew Bennett | Unattached | MV40 | M | 00:24:15 | 39 | 00:00:58 | 34 | 01:08:34 | 11 | 00:00:37 | 22 | 00:24:54 | 28 | 01:59:18 | 16 | 5 | 14 |
| 681 | Kevin Ashurst | Unattached | MS | M | 00:20:39 | 13 | 00:01:12 | 46 | 01:14:58 | 27 | 00:00:38 | 23 | 00:21:58 | 13 | 01:59:26 | 17 | 10 | 15 |
| 662 | Hilary Ross | Durham Triathlon | FV50 | F | 00:22:53 | 29 | 00:00:29 | 9 | 01:12:24 | 22 | 00:00:24 | 7 | 00:23:21 | 23 | 01:59:31 | 18 | 1 | 1 |
| 689 | William Garner | Unattached | MV40 | M | 00:22:40 | 26 | 00:00:53 | 28 | 01:12:39 | 24 | 00:00:36 | 19 | 00:22:59 | 18 | 01:59:46 | 19 | 6 | 16 |
| 690 | Andrew Hetherington | Unattached | Relay | T | 00:21:58 | 24 | 00:00:21 | 2 | 01:15:54 | 29 | 00:00:22 | 5 | 00:22:42 | 16 | 02:00:55 | 20 | 3 | 3 |
| 683 | Steve McLaughlin | SSVCC | MV40 | M | 00:20:34 | 12 | 00:00:48 | 24 | 01:17:46 | 33 | 00:00:41 | 26 | 00:21:18 | 8 | 02:01:07 | 21 | 7 | 17 |
| 601 | Andrew Wilson | Mike Holden PT | MS | M | 00:20:43 | 15 | 00:00:46 | 21 | 01:17:06 | 32 | 00:00:48 | 32 | 00:22:06 | 14 | 02:01:29 | 22 | 11 | 18 |
| 695 | Justin Bibby | C.C.C.C. | MV40 | M | 00:21:57 | 23 | 00:00:59 | 36 | 01:14:45 | 26 | 00:01:06 | 46 | 00:23:36 | 24 | 02:02:23 | 23 | 8 | 19 |
| 682 | Adam Rowe | North Shields Poly | MS | M | 00:21:17 | 19 | 00:00:22 | 4 | 01:18:23 | 35 | 00:00:43 | 28 | 00:22:38 | 15 | 02:03:23 | 24 | 12 | 20 |
| 677 | Neil Richardson | Unattached | MS | M | 00:22:41 | 27 | 00:00:36 | 14 | 01:14:34 | 25 | 00:00:54 | 37 | 00:25:04 | 31 | 02:03:49 | 25 | 13 | 21 |
| 608 | Cal Blackburn | Unattached | MS | M | 00:20:16 | 10 | 00:01:33 | 52 | 01:18:10 | 34 | 00:01:38 | 52 | 00:23:16 | 22 | 02:04:53 | 26 | 1 | 1 |
| 676 | Steven Pearson | Unattached | MV40 | M | 00:23:34 | 33 | 00:01:32 | 50 | 01:11:59 | 20 | 00:01:20 | 49 | 00:27:01 | 38 | 02:05:26 | 27 | 9 | 22 |
| 664 | Desmond Varian | Unattached | MV60 | M | 00:24:13 | 38 | 00:01:46 | 53 | 01:12:30 | 23 | 00:01:24 | 50 | 00:26:01 | 34 | 02:05:54 | 28 | 1 | 23 |
| 673 | Geoffrey Leslie | Ryton Tri Club | MS | M | 00:22:24 | 25 | 00:01:01 | 37 | 01:17:01 | 31 | 00:00:58 | 39 | 00:25:03 | 30 | 02:06:27 | 29 | 14 | 24 |
| 654 | William Belcher | Bingley Velo | Relay | T | 00:28:38 | 50 | 00:00:32 | 12 | 01:10:02 | 15 | 00:00:30 | 13 | 00:28:40 | 42 | 02:07:20 | 30 | 4 | 4 |
| 643 | Richard Tyson | Rock 2 Roll Cycles | MV40 | M | 00:23:04 | 31 | 00:01:07 | 41 | 01:16:20 | 30 | 00:00:58 | 40 | 00:26:09 | 35 | 02:07:38 | 31 | 10 | 25 |
| 635 | Robert Hill | Unattached | MV40 | M | 00:22:50 | 28 | 00:01:09 | 43 | 01:19:30 | 38 | 00:01:10 | 47 | 00:24:20 | 26 | 02:09:00 | 32 | 11 | 26 |
| 652 | Ewan Parish | Unattached | MS | M | 00:24:51 | 42 | 00:00:47 | 22 | 01:12:17 | 21 | 00:00:57 | 38 | 00:30:35 | 47 | 02:09:26 | 33 | 15 | 27 |
| 700 | Ruth Hethrington | Aragons | Relay | T | 00:20:59 | 17 | 00:00:24 | 5 | 01:25:54 | 44 | 00:00:16 | 1 | 00:22:56 | 17 | 02:10:13 | 34 | 2 | 2 |
| 699 | Andrew Turvey | Thursday Flyers | MV50 | M | 00:29:23 | 51 | 00:00:57 | 31 | 01:09:45 | 14 | 00:00:53 | 35 | 00:29:49 | 45 | 02:10:47 | 35 | 1 | 28 |
| 688 | John Evason | Lakes Road Club | MS | M | 00:24:16 | 40 | 00:01:48 | 54 | 01:11:33 | 19 | 00:01:26 | 51 | 00:32:34 | 50 | 02:11:37 | 36 | 16 | 29 |
| 648 | Peter Browne | Unattached | MV50 | M | 00:24:08 | 37 | 00:00:48 | 25 | 01:20:47 | 40 | 00:00:33 | 18 | 00:25:28 | 33 | 02:11:44 | 37 | 2 | 30 |
| 675 | Kevan Williams | Tyne & Wear F&R | MS | M | 00:23:55 | 35 | 00:00:58 | 33 | 01:20:56 | 41 | 00:00:43 | 29 | 00:26:15 | 36 | 02:12:46 | 38 | 17 | 31 |
| 656 | Lucy Rowley | Unattached | FS | F | 00:23:02 | 30 | 00:00:55 | 30 | 01:24:01 | 42 | 00:01:01 | 43 | 00:24:38 | 27 | 02:13:37 | 39 | 1 | 2 |
| 606 | James Obrien | West Cumbria Tri | MS | M | 00:26:46 | 48 | 00:00:58 | 35 | 01:10:37 | 17 | 00:01:03 | 44 | 00:34:49 | 52 | 02:14:13 | 40 | 18 | 32 |
| 657 | Karl Edwards | Unattached | MV50 | M | 00:21:18 | 20 | 00:01:56 | 55 | 01:27:02 | 47 | 00:01:13 | 48 | 00:23:12 | 21 | 02:14:41 | 41 | 3 | 33 |
| 644 | Paul Stephens | Unattached | MS | M | 00:25:52 | 44 | 00:01:05 | 39 | 01:19:00 | 36 | 00:00:52 | 34 | 00:27:53 | 41 | 02:14:43 | 42 | 19 | 34 |
| 672 | Sarah Shanks | Unattached | FS | F | 00:24:04 | 36 | 00:00:48 | 23 | 01:25:15 | 43 | 00:00:46 | 31 | 00:24:57 | 29 | 02:15:49 | 43 | 2 | 3 |

Hartside Duathlon Sunday October 12th

| No | Name | Club | Cat | Sex | Run 1 | Pos | T1 | Pos | Bike | Pos | T2 | Pos | Run 2 | Pos | Finish | Pos | Cat | Sex |
|-----|---------------------|-------------|------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|-----|-----|
| 667 | Andrew Worthington | Unattached | MS | M | 00:23:06 | 32 | 00:01:33 | 51 | 01:26:58 | 46 | 00:00:45 | 30 | 00:25:11 | 32 | 02:17:33 | 44 | 20 | 35 |
| 640 | Kimberley O'Brien | Unattached | FS | F | 00:26:19 | 47 | 00:01:07 | 42 | 01:20:45 | 39 | 00:01:04 | 45 | 00:29:34 | 44 | 02:18:50 | 45 | 3 | 4 |
| 666 | Nina Caygill | Unattached | FS | F | 00:25:42 | 43 | 00:01:06 | 40 | 01:30:03 | 48 | 00:00:42 | 27 | 00:26:47 | 37 | 02:24:21 | 46 | 4 | 5 |
| 649 | Zoe Wilson | Unattached | FS | F | 00:26:17 | 46 | 00:01:29 | 49 | 01:26:50 | 45 | 00:00:54 | 36 | 00:30:59 | 48 | 02:26:28 | 47 | 5 | 6 |
| 642 | Katy Watkins | Unattached | FS | F | 00:27:53 | 49 | 00:00:57 | 32 | 01:32:32 | 49 | 00:00:37 | 20 | 00:32:14 | 49 | 02:34:13 | 48 | 6 | 7 |
| 697 | Dawn Lamb | Langholm CC | FS | F | 00:26:09 | 45 | 00:01:16 | 47 | 01:37:33 | 51 | 00:01:01 | 42 | 00:29:05 | 43 | 02:35:03 | 49 | 7 | 8 |
| 663 | John Barr | Unattached | MV40 | M | 00:23:45 | 34 | 00:00:51 | 27 | 01:42:21 | 52 | 00:00:25 | 9 | 00:27:42 | 40 | 02:35:04 | 50 | 12 | 36 |
| 692 | Lee Chippendale | Unattached | MV40 | M | 00:31:03 | 52 | 00:01:20 | 48 | 01:35:52 | 50 | 00:00:51 | 33 | 00:33:29 | 51 | 02:42:35 | 51 | 13 | 37 |
| 678 | Adrian Service | Unattached | MV40 | M | 00:24:48 | 41 | 00:00:41 | 17 | 01:48:50 | 55 | 00:00:40 | 24 | 00:29:59 | 46 | 02:44:58 | 52 | 14 | 38 |
| 670 | Geoffrey Ridchester | Unattached | MV50 | M | 00:32:30 | 53 | 00:02:31 | 57 | 01:43:32 | 53 | 00:02:02 | 54 | 00:44:10 | 53 | 03:04:44 | 53 | 4 | 39 |
| 669 | Janette Nock | Unattached | FV50 | F | 00:32:32 | 54 | 00:02:05 | 56 | 01:43:58 | 54 | 00:01:58 | 53 | 00:44:12 | 54 | 03:04:44 | 54 | 2 | 9 |
| 693 | Kane Tinnion | Unattached | MS | M | 00:20:07 | 56 | 00:00:44 | 20 | 01:19:10 | 37 | 01:40:01 | 55 | | | DNF | | | |
| 691 | Michael Hall | Unattached | MS | M | 00:26:22 | 55 | 00:01:11 | 45 | 00:27:32 | | | | | | DNF | | | |
| 607 | Archie Campbell | Unattached | MS | M | 00:19:48 | 57 | 00:01:01 | 38 | | | | | | | DNF | | | |