

# PSUK STANDARD DISTANCE CHAMPIONSHIPS 2016

Bib	Name	Club	Cat	Sex	Swim	T1	Bike	T2	Run L1	Run L2	Run L3	Run L4	Run In	Run Total	Finish	Overall	Cat	Sex
57	Nathan Newton	Devon & Cornwall Police	MS	M	0:25:01	0:00:48	1:12:50	0:00:35	0:09:26	0:09:41	0:09:52	0:09:56	0:00:42	0:39:37	2:18:51	1	1	1
61	Rich Martin	Devon & Cornwall Police	MV40	M	0:28:00	0:00:50	1:13:52	0:00:33	0:09:30	0:09:41	0:09:49	0:09:56	0:00:42	0:39:39	2:22:53	2	1	2
69	Jason Chubb	Devon & Cornwall Police	MV40	M	0:28:47	0:00:47	1:12:45	0:00:31	0:09:49	0:09:47	0:10:02	0:10:15	0:00:40	0:40:33	2:23:23	3	2	3
70	Andrew Jopson	Essex Police Triathlon	MS	M	0:27:16	0:00:54	1:17:41	0:00:33	0:09:06	0:09:01	0:09:21	0:09:24	0:00:41	0:37:33	2:23:57	4	2	4
47	Andy Pryke	Met Police Tri Club	MS	M	0:24:22	0:00:51	1:19:09	0:00:41	0:09:54	0:09:48	0:09:48	0:09:58	0:00:43	0:40:12	2:25:15	5	3	5
26	John Levick	West Yorkshire Police TT	MV50	M	0:26:50	0:00:55	1:17:51	0:00:30	0:10:36	0:10:59	0:10:52	0:11:02	0:00:43	0:44:12	2:30:18	6	1	6
64	Neill Jobling	Force 10 / Northumbria	MV40	M	0:28:56	0:01:05	1:19:16	0:00:50	0:10:20	0:10:39	0:10:54	0:11:00	0:00:46	0:43:40	2:33:46	7	3	7
55	Karl Webster	Derbyshire Police	MV40	M	0:26:04	0:01:11	1:19:31	0:00:40	0:11:58	0:11:30	0:11:31	0:11:15	0:00:45	0:46:59	2:34:24	8	4	8
8	Ross Meldrum	Police Scotland	MS	M	0:31:51	0:01:28	1:19:42	0:00:58	0:10:05	0:10:10	0:10:28	0:10:39	0:00:41	0:42:03	2:36:03	9	4	9
35	Richard Sample	G.M.P Triathlon Team	MS	M	0:28:36	0:01:16	1:19:24	0:00:45	0:11:00	0:11:06	0:11:35	0:11:52	0:00:46	0:46:21	2:36:21	10	5	10
30	Ryan Willis	Cheshire Police	MS	M	0:32:42	0:00:57	1:23:21	0:00:24	0:10:26	0:10:37	0:10:51	0:10:43	0:00:40	0:43:17	2:40:41	11	6	11
7	Iain Wedge	Cheshire / Chester TC	MV40	M	0:35:54	0:01:01	1:22:34	0:00:49	0:09:54	0:10:00	0:10:17	0:10:06	0:00:40	0:40:58	2:41:16	12	5	12
53	Nick Lees	Greater Manchester Police	MV40	M	0:31:47	0:01:16	1:22:30	0:00:41	0:11:21	0:11:08	0:11:22	0:11:20	0:00:46	0:45:57	2:42:11	13	6	13
15	Martyn Davidson	Police Scotland	MS	M	0:34:24	0:02:10	1:24:29	0:00:39	0:09:59	0:10:11	0:10:27	0:10:48	0:00:41	0:42:06	2:43:47	14	7	14
39	Dave Hodgson	Force 10 / Northumbria	MV40	M	0:28:08	0:00:50	1:25:08	0:00:33	0:11:42	0:12:19	0:12:46	0:13:03	0:00:47	0:50:38	2:45:17	15	7	15
6	Ian Knipe	Police Scotland / Border Tri	MS	M	0:33:59	0:01:33	1:20:51	0:00:51	0:11:32	0:12:01	0:12:01	0:12:12	0:00:50	0:48:36	2:45:50	16	8	16
31	John Graham	Force 10 / Northumbria	MV40	M	0:26:02	0:01:21	1:25:38	0:00:55	0:13:06	0:12:57	0:12:59	0:12:32	0:00:45	0:52:19	2:46:15	17	8	17
19	Stuart Dinwoodie	CHIPPENHAM Wilts Police	MV50	M	0:33:39	0:01:10	1:27:33	0:01:05	0:10:18	0:10:37	0:11:07	0:11:32	0:00:50	0:44:24	2:47:52	18	2	18
20	Derek Stuart	SPRA / Fleet Feet Triathletes	MV40	M	0:35:06	0:01:24	1:22:09	0:00:59	0:10:54	0:11:48	0:12:52	0:13:03	0:00:53	0:49:29	2:49:07	19	9	19
52	Simon Bott	West Midlands	MS	M	0:33:46	0:01:32	1:22:49	0:01:04	0:12:43	0:13:04	0:13:00	0:12:04	0:00:43	0:51:32	2:50:43	20	9	20
32	Martin Taylor	Greater Manchester Police	MV40	M	0:37:18	0:01:46	1:23:43	0:00:53	0:12:15	0:11:44	0:11:22	0:11:24	0:00:43	0:47:28	2:51:08	21	10	21
75	Kevin Handley	GMP	MS	M	0:35:07	0:02:18	1:28:22	0:00:44	0:10:59	0:11:06	0:11:06	0:10:41	0:00:47	0:44:40	2:51:11	22	10	22
36	Mike Bundy	G.M.P Triathlon Team	MV40	M	0:36:37	0:01:27	1:25:29	0:00:50	0:11:32	0:11:44	0:11:38	0:11:28	0:00:46	0:47:08	2:51:31	23	11	23
4	Steven Gillan	Police Scotland / Border Tri	MV40	M	0:37:32	0:01:37	1:25:39	0:01:08	0:11:13	0:11:24	0:11:36	0:11:21	0:00:43	0:46:17	2:52:13	24	12	24
72	Graham Brownsmith	C.O.L.T / Lancashire	MV40	M	0:34:30	0:01:05	1:30:52	0:00:34	0:10:41	0:10:55	0:11:46	0:11:10	0:00:39	0:45:12	2:52:13	25	13	25
2	Jamie Crossan	Civil Nuclear Constab	MS	M	0:34:11	0:01:10	1:26:11	0:00:32	0:11:35	0:12:06	0:12:56	0:12:56	0:00:45	0:50:19	2:52:24	26	11	26
71	Stefan Winstanley	Devon & Cornwall Police	MS	M	0:33:51	0:01:40	1:27:24	0:00:47	0:11:17	0:11:59	0:12:38	0:12:18	0:00:47	0:48:58	2:52:41	27	12	27
23	Paul Elsey	West Yorkshire Police TT	MV40	M	0:37:34	0:01:12	1:24:41	0:00:57	0:11:23	0:11:49	0:11:57	0:12:38	0:00:49	0:48:35	2:53:00	28	14	28
25	Carly North	West Yorkshire Police TT	FS	F	0:32:44	0:01:44	1:27:08	0:01:04	0:11:57	0:12:35	0:13:22	0:12:34	0:00:48	0:51:16	2:53:56	29	1	1
67	Ian Micklethwaite	West Yorkshire Police TT	MV40	M	0:37:37	0:01:03	1:29:53	0:00:42	0:11:15	0:11:58	0:11:41	0:11:25	0:00:43	0:47:01	2:56:17	30	15	29
49	Simon Falconer	Force 10 / Northumbria	MS	M	0:30:25	0:01:40	1:36:32	0:01:28	0:10:51	0:11:18	0:11:48	0:11:55	0:00:49	0:46:40	2:56:45	31	13	30
41	Yvonne Cox	Unattached	H	X	0:29:54	0:01:39	1:33:23	0:01:00	0:11:54	0:12:21	0:12:52	0:12:57	0:00:49	0:50:54	2:56:50	32	1	1
14	Douglas Paton	SPRA / Police Scotland	MV50	M	0:41:30	0:01:30	1:25:54	0:01:13	0:11:17	0:11:12	0:11:37	0:12:30	0:00:50	0:47:26	2:57:32	33	3	31
42	Nigel Cox	Avon & Somerset	MV50	M	0:34:02	0:01:02	1:32:13	0:00:43	0:12:00	0:12:13	0:12:27	0:12:26	0:00:46	0:49:53	2:57:54	34	4	32
56	Mark Gallagher	Team True Spirit / GMP	MV50	M	0:33:08	0:01:13	1:30:43	0:00:53	0:12:10	0:12:36	0:13:19	0:13:33	0:00:54	0:52:33	2:58:30	35	5	33
18	Steve Hall	Greater Manchester Police	MV40	M	0:29:15	0:01:49	1:35:20	0:00:46	0:12:15	0:12:21	0:12:50	0:14:06	0:00:50	0:52:22	2:59:32	36	16	34
11	Phil Winning	Police Scotland / Border Tri	MS	M	0:34:27	0:02:35	1:26:17	0:01:24	0:13:54	0:14:02	0:13:32	0:13:34	0:00:55	0:55:58	3:00:41	37	14	35
40	Paul Brennan	Force 10 / Northumbria	MS	M	0:35:11	0:01:29	1:34:41	0:00:47	0:11:25	0:11:53	0:12:37	0:12:13	0:00:50	0:48:58	3:01:06	38	15	36
48	Kat Kemp	Leicester TC/ Leicestershire	FV50	F	0:33:55	0:01:54	1:33:22	0:00:56	0:12:59	0:12:27	0:12:33	0:12:18	0:00:49	0:51:06	3:01:13	39	1	2
9	Christopher Wilson-Barradell	West Midlands Police	MV40	M	0:35:47	0:01:29	1:29:15	0:01:09	0:13:09	0:13:23	0:13:54	0:13:24	0:00:47	0:54:37	3:02:17	40	17	37
16	Rick Sharp	West Midlands Police Triathlon	MV40	M	0:34:32	0:02:27	1:29:44	0:01:24	0:13:30	0:13:10	0:13:35	0:13:29	0:00:52	0:54:37	3:02:45	41	18	38

73	Lisa Graham	Chester Tri Club/Guest	FV40	F	0:42:02	0:01:28	1:32:07	0:00:51	0:11:29	0:11:07	0:11:37	0:11:37	0:00:49	0:46:39	3:03:07	42	1	3
13	Dean Norman	Essex Police	MS	M	0:34:38	0:01:27	1:31:15	0:00:45	0:13:19	0:13:39	0:13:40	0:13:41	0:00:52	0:55:12	3:03:18	43	16	39
17	Clement Jones	Greater Manchester Police	MV40	M	0:25:17	0:01:55	1:29:21	0:00:49	0:15:57	0:14:52	0:18:17	0:16:15	0:01:04	1:06:26	3:03:48	44	19	40
51	Christine Howard	Derbyshire Police	FV40	F	0:34:23	0:01:12	1:34:44	0:01:03	0:11:33	0:12:15	0:13:24	0:14:25	0:00:53	0:52:30	3:03:51	45	2	4
37	Michael Bond	Essex Police	MV50	M	0:37:44	0:01:32	1:33:09	0:00:48	0:12:25	0:12:36	0:12:40	0:12:17	0:00:47	0:50:44	3:03:58	46	6	41
62	Sarah Evans	Chester Tri Club/Chesh	FS	F	0:34:52	0:01:44	1:34:45	0:01:10	0:12:10	0:12:47	0:13:06	0:12:43	0:00:47	0:51:34	3:04:05	47	2	5
68	Richard Vickers	West Midlands Police Tri	MV40	M	0:36:02	0:01:31	1:30:04	0:00:44	0:13:21	0:14:11	0:14:24	0:13:54	0:00:51	0:56:40	3:05:01	48	20	42
3	Nicholas Doyle	West Yorkshire Police TT	MS	M	0:35:26	0:03:33	1:31:01	0:01:24	0:12:51	0:13:05	0:13:21	0:14:03	0:00:52	0:54:11	3:05:35	49	17	43
65	Lloyd Fox	WMP Tri	MV40	M	0:48:37	0:02:28	1:24:53	0:01:25	0:11:52	0:12:28	0:12:32	0:12:08	0:00:39	0:49:40	3:07:03	50	21	44
21	Ben Taylor	West Midlands Police	MS	M	0:35:02	0:01:22	1:35:03	0:00:55	0:12:40	0:13:33	0:13:59	0:13:49	0:00:44	0:54:44	3:07:06	51	18	45
43	Craig Bamber	Tri Preston / Lancashire	MV40	M	0:41:33	0:01:36	1:30:09	0:01:44	0:11:57	0:12:33	0:13:42	0:13:33	0:00:48	0:52:33	3:07:35	52	22	46
12	Scott Anderson	Police Scotland / Border Tri	MV50	M	0:35:52	0:01:53	1:35:28	0:01:06	0:13:05	0:13:26	0:14:10	0:14:33	0:00:56	0:56:11	3:10:31	53	7	47
60	Maura Bunn	Lancashire Constabulary	FS	F	0:35:11	0:01:16	1:33:19	0:01:06	0:13:58	0:15:28	0:16:08	0:14:08	0:00:56	1:00:37	3:11:29	54	3	6
50	Carlos Brunes	Cheshire	MV40	M	0:34:21	0:01:56	1:33:13	0:01:40	0:13:49	0:17:13	0:14:27	0:15:16	0:00:59	1:01:45	3:12:54	55	23	48
24	Andrew Higgins	West Midlands Police	MS	M	0:38:56	0:04:11	1:27:17	0:01:42	0:14:36	0:16:11	0:15:59	0:15:16	0:00:56	1:02:58	3:15:04	56	19	49
54	Brian Quinlan	West Yorkshire Police TT	MV40	M	0:41:53	0:01:39	1:33:26	0:01:17	0:13:47	0:14:17	0:14:44	0:14:53	0:00:56	0:58:37	3:16:51	57	24	50
29	Michael Horseman	Tri Team Glos / Gloucestershire	MV50	M	0:38:11	0:02:14	1:37:59	0:01:15	0:13:33	0:14:20	0:14:37	0:14:27	0:00:57	0:57:54	3:17:34	58	8	51
66	Christine McMullen	GMP / Warrington Tri Club	FV40	F	0:47:54	0:02:25	1:36:12	0:01:03	0:12:01	0:12:24	0:12:40	0:12:24	0:00:47	0:50:16	3:17:50	59	3	7
10	Rachel Pearson	Essex Police	FV40	F	0:50:26	0:02:02	1:37:16	0:01:47	0:13:17	0:13:54	0:13:55	0:13:18	0:00:51	0:55:15	3:26:45	60	4	8
45	Adrian Dixon	Police Scotland	MV40	M	0:41:27	0:03:57	1:48:00	0:00:42	0:12:33	0:12:59	0:14:08	0:14:16	0:00:58	0:54:54	3:29:01	61	25	52
74	Julie Ross	Carlisle Tri	FV50	F	0:45:39	0:01:31	1:44:24	0:00:55	0:12:53	0:13:36	0:14:25	0:15:16	0:00:59	0:57:09	3:29:39	62	2	9
63	Alan Cairns	Force 10 / Northumbria	MV40	M	0:34:25	0:02:05	1:51:32	0:01:36	0:14:03	0:14:37	0:16:09	0:15:25	0:01:07	1:01:21	3:30:59	63	26	53
34	Ben Coombs	G.M.P Triathlon Team	MS	M	0:35:43	0:02:08	1:53:07	0:01:17	0:14:40	0:15:48	0:15:56	0:15:41	0:01:01	1:03:06	3:35:22	64	20	54
1	Hilary Boxer	Staffordshire / NewcastleTC	FS	F	0:44:05	0:02:55	1:42:17	0:02:20	0:15:12	0:16:00	0:16:13	0:16:13	0:00:55	1:04:33	3:36:10	65	4	10
33	Susan Redfern	Greater Manchester Police	FV40	F	0:35:07	0:02:06	1:59:44	0:00:38	0:15:45	0:16:47	0:17:27	0:17:34	0:01:09	1:08:42	3:46:16	66	5	11
44	Nicolle Croft	C.O.L.T / Lancashire	FS	F	0:34:24	0:01:38	1:52:16	0:00:58	0:21:20	0:19:24	0:25:11	0:26:53	0:00:47	1:33:34	4:02:50	67	5	12
58	Steven Broadbent	Lancashire Constabulary	MV50	M	1:22:08		2:04:57	0:01:05	0:16:17	0:16:42	0:16:35	0:18:40	0:01:05	1:08:14	4:36:25	68	9	55
400	Neil Caltrns	Cheshire	MV40	M	0:43:22									DNF				