

Carlisle City Urban Trail Run Results 2017

No		NAME	CLUB	CAT	M/F	Time	Pos	Cat	M/F
378	Paul	Graves	DH Runners	Open	M	35.20	1	1	1
182	James	Buis	Border Harriers & AC	Vet 40	M	36.00	2	1	2
355	Michael	Holliday	DH Runners	Open	M	36.02	3	2	3
193	Daniel	Hornsby	Border Harriers & AC	Open	M	36.49	4	3	4
340	Craig	Holliday	Carlisle Tri Club	Open	M	36.59	5	4	5
345	Dean	Douglas	Unattached	Open	M	37.16	6	5	6
169	Nathan	Postill	Keswick AC	Jun	M	37.22	7	1	7
339	Nicola	Hood	Dumfries Running Club	Open	F	37.26	8	1	1
181	Shane	Stobbart	Cumberland AC	Open	M	37.32	9	6	8
353	Niall	Campbell	Dumfries Running Club	Open	M	37.41	10	7	9
360	Darren	Rook	Unattached	Vet 40	M	37.48	11	2	10
336	Andrew	Wilson	Unattached	Open	M	37.54	12	8	11
149	Thomas	Nicholson	Border Harriers & AC	Open	M	38.03	13	9	12
350	Michael	Nattrass	Unattached	Open	M	38.19	14	10	13
137	Stuart	Sirey	Carlisle Tri Club	Open	M	38.46	15	11	14
384	Richard	Hodgson	Unattached	Open	M	39.24	16	12	15
306	Kevin	Scott	DH Runners	Vet 40	M	39.30	17	3	16
379	Philippa	Wakefield	DH Runners	Open	F	40.20	18	2	2
363	Kevin	Mccaig	Dumfries Running Club	Vet 50	M	40.25	19	1	17
318	Carl	Blackburn	Unattached	Open	M	40.26	20	13	18
395	Richard	Holliday	DH Runners	Open	M	41.05	21	14	19
371	Sean	Uttley	Unattached	Vet 50	M	41.06	22	2	20
332	Ian	Hodgson	Carlisle Tri Club	Open	M	41.13	23	15	21
437	Mike	Reed	Unattached	Open	M	41.14	24	16	22
441	Martin	Gallagher	Unattached	Vet 40	M	41.16	25	4	23
380	Chris	Davison	Carlisle Tri Club	Vet 50	M	41.17	26	3	24
415	Simon	Mortlock	Dumfries Running Club	Vet 50	M	41.22	27	4	25
328	Paul	McKnespiey	DH Runners	Vet 40	M	41.26	28	5	26
125	Ivan	Newton	Tynedale Harriers & AC	Vet 40	M	41.29	29	6	27
349	Mark	Rutherford	Keswick AC	Vet 40	M	41.32	30	7	28
163	Sandy	Shankland	Dumfries Running Club	Vet 60	M	41.35	31	1	29
329	Camilla	McKnespiey	Border Harriers & AC	Jun	F	41.50	32	1	3
113	Cameron	Westmorland	Unattached	Jun	M	42.09	33	2	30
128	Jonathan	Buckley	Unattached	Open	M	42.10	34	17	31
130	Adrian	Hadley	Unattached	Open	M	42.10	35	18	32
168	David	Postill	Carlisle Tri Club	Vet 40	M	42.29	36	8	33
305	Craig	Little	Unattached	Open	M	42.53	37	19	34
154	Martin	Steele	Unattached	Vet 50	M	43.04	38	5	35
174	Fiona	Todd	Unattached	Vet 40	F	43.10	39	1	4
427	Colin	Nicholl	DH Runners	Vet 40	M	43.15	40	9	36
330	Martin	Grey	DH Runners	Vet 50	M	43.25	41	6	37
444	Paul	Rawlinson	DH Runners	Open	M	43.41	42	20	38
192	Paul	Griffin	Stocksfield Striders	Vet 50	M	43.47	43	7	39
136	Ben	Harper	Carlisle Tri Club	Open	M	43.52	44	21	40
382	Andrew	Graham	DH Runners	Vet 40	M	43.54	45	10	41
147	Martin	Curran	Unattached	Open	M	44.00	46	22	42
354	Teresa	Medley	Border Harriers & AC	Vet 40	F	44.04	47	2	5
397	Stuart	Gillespie	Dumfries Running Club	Open	M	44.05	48	23	43
446	Susan	Fawkes	DH Runners	Open	F	44.09	49	3	6
338	Michael	Jardine	Dumfries Running Club	Vet 50	M	44.19	50	8	44
167	Vanessa	Strickland	Runmums	Vet 40	F	44.37	51	3	7
445	Lesley	Hill	Dumfries Running Club	Vet 50	M	44.38	52	9	45
121	Julie	Dodd	DH Runners	Vet 40	F	44.40	53	4	8
417	Norman	Johnstone	Annan & District AC	Vet 40	M	44.58	54	11	46

341	Tony	Mills	DH Runners	Vet 50	M	45.00	55	10	47
439	Paul	Thomason	Unattached	Vet 40	M	45.04	56	12	48
420	Wayne	Horsley	Unattached	Open	M	45.07	57	24	49
314	Michael	Marsh	Unattached	Vet 40	M	45.25	58	13	50
156	Ernie	Bryden	Annan & District AC	Vet 50	M	45.29	59	11	51
170	Sophia	Craig	Unattached	Vet 40	F	45.31	60	5	9
104	Tanya	Coates	Carlisle Tri Club	Open	F	45.32	61	4	10
102	Chris	McCellenad	Unattached	Open	M	45.35	62	25	52
421	Martyn	Black	Unattached	Vet 40	M	45.37	63	14	53
365	Josh	Waite	Carlisle Tri Club	Open	M	45.38	64	26	54
145	Adrian	Brown	Unattached	Open	M	45.51	65	27	55
399	Matthew	Haskins	Unattached	Open	M	45.54	66	28	56
454	Georgie	Lowry	Carlisle Tri Club	Open	F	45.55	67	5	11
392	Wayne	Watson	DH Runners	Vet 40	M	45.58	68	15	57
424	Mark	Chandler	Unattached	Open	M	46.06	69	29	58
173	Daniel	Van Lierop	Unattached	Open	M	46.11	70	30	59
440	Jack	Mazur	Carlisle Tri Club	Open	M	46.23	71	31	60
151	Robin	Barrie	Unattached	Open	F	46.31	72	6	12
351	Sue	Jeffery	Dumfries Running Club	Open	F	46.34	73	7	13
373	Mark	Hall	Dumfries Running Club	Vet 40	M	46.37	74	16	61
161	Anne	MacFarlane	Dumfries Running Club	Vet 50	F	46.40	75	1	14
126	Michael	Fordyce	Unattached	Vet 50	M	46.41	76	12	62
190	Chris	Knox	DH Runners	Vet 50	M	46.52	77	13	63
119	Simon	Dolman	DH Runners	Vet 40	M	46.54	78	17	64
303	Steve	Viney	DH Runners	Vet 60	M	46.56	79	2	65
313	Jeremy	Dix	Unattached	Open	M	46.57	80	32	66
356	Rosie	Billett	DH Runners	Open	F	46.58	81	8	15
323	Neil	Moffat	Dumfries Running Club	Vet 60	M	47.02	82	3	67
383	David	Goodall	Cumberland AC	Vet 40	M	47.12	83	18	68
359	Beverley	Armstrong	DH Runners	Vet 40	F	47.19	84	6	16
191	Mathew	Ireland	Carlisle Tri Club	Open	M	47.22	85	33	69
447	Craig	Kerr	Dumfries Running Club	Vet 40	M	47.27	86	19	70
403	Wayne	Davies	Unattached	Open	M	47.34	87	34	71
443	Michael	Storey	DH Runners	Open	M	47.40	88	35	72
426	Daniel	Braithwaite	Unattached	Vet 40	M	47.42	89	20	73
148	William	Macleod	Unattached	Open	M	47.48	90	36	74
405	Philip	Schofield	Unattached	Open	M	47.57	91	37	75
406	Suzanne	Mcardle	Unattached	Open	F	48.17	92	9	17
362	Jill	Gardiner	Carlisle Tri Club	Open	F	48.37	93	10	18
374	Richard	Henry	DH Runners	Open	M	48.52	94	38	76
331	Linda	Aspinall	Unattached	Vet 40	F	48.53	95	7	19
416	Kerry	Braithwaite	Carlisle Tri Club	Vet 40	F	49.07	96	8	20
118	Bethany	Duffy	DH Runners	Jun	F	49.13	97	2	21
320	Chris	Wright	Unattached	Vet 50	M	49.36	98	14	77
131	Jenny	Mitchell	Unattached	Vet 40	F	49.47	99	9	22
312	Sally	Little	Unattached	Vet 40	F	49.52	100	10	23
325	David	Robinson	Keswick AC	Vet 50	M	50.00	101	15	78
171	Chris	Robinson	Unattached	Vet 50	M	50.02	102	16	79
433	Mark-Lucas	Winspear	Unattached	Jun	M	50.23	103	3	80
438	Hannah	Billett	Unattached	Open	F	50.26	104	11	24
115	Viki	Kent	Unattached	Open	F	50.35	105	12	25
129	Dan	Wilson	Unattached	Open	M	50.35	106	39	81
429	Skye	Sarabs	Dumfries Running Club	Open	F	50.39	107	13	26
391	Victoria	Wilson	Cumberland AC	Open	F	50.44	108	14	27
453	Graham	Harmse	Carlisle Tri Club	Vet 50	M	50.59	109	17	82
324	Jim	Connolly	Unattached	Vet 40	M	51.30	110	21	83
358	Michelle	Kingston	Carlisle Tri Club	Open	F	51.42	111	15	28
195	Alison	Simmonds	Unattached	Open	F	52.12	112	16	29

376	Rachel	Young	Unattached	Open	F	52.16	113	17	30
197	Helen	Sanderson	DH Runners	Vet 40	F	52.17	114	11	31
377	Daniel	Gill	Unattached	Open	M	52.17	115	40	84
162	Nicola	Latimer	Wigton Road Runners	Vet 40	F	52.23	116	12	32
386	Greg	Harrison	Unattached	Vet 40	M	52.28	117	22	85
344	Helen	Short	Unattached	Vet 40	F	52.29	118	13	33
343	Stephen	Warwick	Unattached	Vet 40	M	52.29	119	23	86
327	Craig	Costine	Unattached	Open	M	52.35	120	41	87
500	Liz	Postill	Carlisle Tri Club	Vet 40	F	52.44	121	14	34
418	Gail	Oliver	Unattached	Vet 40	F	52.53	122	15	35
308	Karl	Douglas	DH Runners	Vet 50	M	52.53	123	18	88
364	Audrey	O'Kelly	Carlisle Tri Club	Vet 50	F	52.56	124	2	36
188	Peter	Garnett	Border Harriers & AC	Vet 60	M	53.00	125	4	89
361	Carole	Alletson	Unattached	Vet 50	F	53.09	126	3	37
375	Carl	Dowell	Unattached	Open	M	53.20	127	42	90
196	Fiona	Jardine	Dumfries Running Club	Vet 50	F	53.43	128	4	38
326	Dave	Moran	Unattached	Open	M	53.46	129	43	91
434	Jane	Jones	Unattached	Open	F	53.47	130	18	39
152	Elaine	Stockdale	Wigton Road Runners	Open	F	53.52	131	19	40
423	Donald	Richardson	Unattached	Vet 50	M	53.52	132	19	92
117	Louise	Duffy	DH Runners	Vet 40	F	53.59	133	16	41
321	Stuart	Miller	Unattached	Vet 40	M	54.16	134	24	93
322	Nik	Morris	Unattached	Vet 40	M	54.16	135	25	94
124	Anthony	Nicholson	DH Runners	Vet 40	M	54.17	136	26	95
155	John-Paul	Whalen	DH Runners	Open	M	54.18	137	44	96
402	Emma	Eagling	Unattached	Open	F	54.23	138	20	42
310	Jill	Carruthers	Unattached	Open	F	54.24	139	21	43
432	Christopher	Winspear	Unattached	Vet 50	M	54.24	140	20	97
135	Darren	Ryan	Carlisle Tri Club	Vet 50	M	54.36	141	21	98
319	John	Galloway	Unattached	Vet 50	M	54.57	142	22	99
187	Sarah	Lord	DH Runners	Vet 40	F	55.00	143	17	44
311	Abigail	Drago	Carlisle Tri Club	Open	F	55.01	144	22	45
422	Satpal	Burns	Dumfries Running Club	Vet 40	F	55.12	145	18	46
367	Tracey	Pagan	DH Runners	Open	F	55.16	146	23	47
164	Paul	Todd	DH Runners	Vet 40	M	55.43	147	27	100
414	Ruth	Griffith	Annan & District AC	Vet 40	F	55.48	148	19	48
450	Glen	Blakey	DH Runners	Vet 40	M	55.56	149	28	101
352	Laura	Broatch	Dumfries Running Club	Open	F	55.57	150	24	49
411	Jody	Dempster	Dumfries Running Club	Open	F	55.57	151	25	50
335	Gary	Frizell	DH Runners	Open	M	56.08	152	45	102
499	Steve	Conley	Unattached	Vet 40	M	56.17	153	29	103
133	Daniel	Alexander	Unattached	Open	M	56.32	154	46	104
172	Katherine	Bell	Unattached	Open	F	56.38	155	26	51
412	Claire	Cannon-Park	Eden Runners	Vet 40	F	56.40	156	20	52
185	Fiona	Moore	DH Runners	Vet 40	F	56.41	157	21	53
431	Emma	Davidson	Unattached	Open	F	56.51	158	27	54
436	Tanya	Walsh	Unattached	Open	F	56.51	159	28	55
138	Lindsay	Graham	DH Runners	Open	F	56.56	160	29	56
425	Haley	Millican	Unattached	Open	F	57.02	162	30	58
317	Alison	French	Unattached	Vet 40	F	57.02	161	22	57
315	Julian	Ponsford	Unattached	Vet 50	M	57.02	163	23	105
449	Rosie	Heavens	Unattached	Open	F	57.04	164	31	59
448	Shirley	Teasdale	Unattached	Open	F	57.05	165	32	60
401	Lynn	Clemmitt	Unattached	Vet 50	F	57.06	166	5	61
105	Lynsey	Dawson	Unattached	Open	F	57.25	167	33	62
132	Simon	Wilkinson	Unattached	Vet 40	M	57.25	168	30	106

370	Holly	Mills	Unattached	Open	F	57.48	169	34	63
430	Helen	Taylor	Unattached	Open	F	58.08	170	35	64
316	Sean	Mcgleenan	Dumfries Running Club	Vet 50	M	58.34	171	24	107
200	Marie	Milligan	Unattached	Open	F	58.43	172	36	65
387	Alison	Wright	Unattached	Vet 40	F	58.45	173	23	66
160	Allan Raymund	Redoble	DH Runners	Vet 40	M	58.49	174	31	108
346	Cath	Ball	Unattached	Open	F	58.50	175	37	67
404	Jennifer	Ross	Dumfries Running Club	Open	F	59.00	176	38	68
103	Jo	Gruchy	Carlisle Tri Club	Open	F	59.12	177	39	69
334	Michelle	Little	Unattached	Open	F	59.13	178	40	70
398	Suzanne	Osborne	DH Runners	Open	F	59.16	179	41	71
381	Lucy	Cowton	DH Runners	Vet 50	F	59.24	180	6	72
122	Amanda	Kirtley	DH Runners	Vet 40	F	59.38	181	24	73
337	Fiona	Wilson	DH Runners	Vet 40	F	59.40	182	25	74
146	Ruth	O'Neil	Runmums	Vet 40	F	59.42	184	26	75
390	Richard	Garrett	Unattached	Open	M	59.42	183	47	109
110	Alexis	Oates	Unattached	Vet 60	F	60.00	185	1	76
123	Heather	Harrison	DH Runners	Vet 40	F	60.13	186	27	77
140	Niki	Iveson	Unattached	Open	F	60.14	187	42	78
120	Kev	Iveson	Unattached	Open	M	60.15	188	48	110
177	Jill	Cooke	Runmums	Vet 40	F	60.29	189	28	79
179	Sarah	Glencross	Runmums	Open	F	60.36	190	43	80
410	David	Macnaughton	DH Runners	Open	M	60.47	191	49	111
394	Lucy	Jackson	DH Runners	Open	F	61.12	192	44	81
304	Rachel	Lee	DH Runners	Vet 50	F	61.22	193	7	82
178	Jane	Grimshaw	Runmums	Vet 40	F	61.31	194	29	83
176	Nicola	Edwards	Unattached	Vet 40	F	61.33	195	30	84
183	Emma	Taylor	DH Runners	Open	F	61.43	196	45	85
428	Jenny	Finnegan	Unattached	Open	F	62.08	197	46	86
357	Claire	Campbell	Dumfries Running Club	Open	F	62.21	198	47	87
189	Denise	Maxwell	Unattached	Vet 40	F	62.39	199	31	88
435	Lori	Carnochan	Unattached	Open	F	62.5	200	48	89
413	Andy	Airey	Unattached	Vet 50	M	63.51	201	25	112
165	Adele	Irwin	Runmums	Vet 40	F	63.52	202	32	90
108	Louise	Stewart	Runmums	Vet 50	F	63.52	203	8	91
180	Kate	Whalen	DH Runners	Open	F	63.55	204	49	92
388	Kathryn	Holliday	DH Runners	Vet 40	F	63.58	205	33	93
157	Gill	Harding	Unattached	Vet 50	F	64.43	206	9	94
302	Alison	Evans	Runmums	Vet 40	F	64.55	207	34	95
366	Julian	Auckland-Lewis	Unattached	Vet 50	M	65.42	208	26	113
307	Brian	Makepeace	Unattached	Vet 60	M	66.07	209	5	114
333	Sarah	Milburn	DH Runners	Vet 60	F	66.16	210	2	96
409	Rachel	Lindsay	Unattached	Open	F	66.21	211	50	97
348	Kath	Saunders	DH Runners	Vet 60	F	66.25	212	3	98
186	Jamie	Collard	Unattached	Open	M	66.26	213	50	115
419	George	Shadwick	Sands Running Club	Vet 70	M	66.51	214	1	116
389	Helen	Cupac	DH Runners	Vet 40	F	67.03	215	35	99
347	Jo	Hutchinson	DH Runners	Vet 60	F	67.16	216	4	100
194	Tracey	Pape	Carlisle Tri Club	Open	F	67.22	217	51	101
114	Peter	Graham	Unattached	Vet 40	M	67.25	218	32	117
184	Sarah	Barclay	Runmums	Vet 40	F	67.36	219	36	102
141	Ann-Marie	Cossar	Unattached	Open	F	67.48	220	52	103
198	Victoria	Irving	University of Cumbria Road Runners	Vet 40	F	67.49	221	37	104
142	Lesley	Mclatchie	Unattached	Open	F	68.1	222	53	105
159	Stephanie	Sproat	Runmums	Vet 40	F	68.17	223	38	106
175	Wendy	Heap	Runmums	Vet 40	F	68.17	224	39	107
309	Carolyn	Mooney	Unattached	Vet 40	F	68.18	225	40	108

144	Carla	Young	Unattached	Open	F	68.27	226	54	109
143	Keri	Van Nuil	Unattached	Open	F	68.44	227	55	110
134	Peter	Rudd	Unattached	Vet 50	M	68.51	228	27	118
199	Virginia	Walkingshaw	Unattached	Vet 40	F	69.02	229	41	111
166	Kath	McKie	Runmums	Vet 40	F	69.24	230	42	112
342	Donna	Edmunds	Runmums	Vet 40	F	69.24	231	43	113
393	Nicola	Jackson	DH Runners	Vet 40	F	70.19	232	44	114
408	Frances	Braithwaite	DH Runners	Open	F	70.24	233	56	115
368	Mhari	Davidson	Dumfries Running Club	Open	F	70.28	234	57	116
442	Stephanie	Johnson	Unattached	Vet 40	F	70.41	235	45	117
396	Torrie	Sullivan	Unattached	Open	F	72.23	236	58	118
150	Francesca	Bee	Unattached	Open	F	73.11	237	59	119
407	Valda	Woods	Unattached	Vet 40	F	74.46	238	46	120
385	Heather	Herring	Unattached	Vet 40	F	74.47	239	47	121
158	Mary	Messenger	DH Runners	Vet 40	F	76.17	240	48	122
107	Sarah	Wardle	DH Runners	Vet 40	F	77.18	241	49	123
106	Sophie	Wardle	DH Runners	Jun	F	77.19	242	3	124
109	Emma	Richardson	DH Runners	Open	F	77.31	243	60	125
153	Joanna	Bithell	Dumfries Running Club	Open	F	78.20	244	61	126
111	Susanne	McDougall	Unattached	Vet 60	F	80.40	245	5	127
452	Paula	Harmon	DH Runners	Vet 40	F	89.02	246	50	128