

GREAT DUN FELL CYCLE SPORTIVE – LONG COURSE ROUTE CARD

Description	Mile	Description	Mile
Turn right onto Battlebarrow/B6542	0.0	At the roundabout, Take right turn toward Wetherriggs on A6	36.8
Turn right onto 68/Bridge St/B6260	0.5	Turn left and keep right towards Cliburn	37.4
Bear left onto 68/Boroughgate/B6260	0.5	Feed Station – Cliburn Village Hall	41.4
Turn left towards Soulby & onto 68	1.8	Right out of feed station then turn left towards Temple Sowerby	41.5
Continue through Soulby	8.4	Turn left towards Temple Sowerby B6412	44.1
Bear left then turn right towards Great Asby	8.6	Turn right towards Temple Sowerby onto B6412	44.3
Bear right onto 68 towards Great Asby	11.6	Turn left towards Culgaith to stay on B6412	44.9
Turn left into Great Asby staying on 68	13.6	Turn right towards Newbiggin / Milburn	45.0
Take a right over the bridge then Turn left onto Sayle Lane	14.0	Turn left at Station Road for Blencarn / Culgaith	46.8
Turn right onto B6260 towards Maulds Meaburn	17.1	Turn right towards Skirwith	48.4
Turn left onto Maulds Meaburn	18.9	Turn right onto 68/Kirkland Rd for Kirkland	49.9
Over the bridge Turn left onto Crosby Ravensworth	20.4	Turn right onto 68 for Blencarn	51.9
bear right over the bridge	21.3	Turn right to stay on 68 towards Culgaith	52.9
Turn right towards Shap	21.4	Turn left towards Milburn staying on 68	52.9
Turn right onto Main St/A6	25.4	Bear right to go through Milburn staying on 68	54.7
Turn left onto Pow Lane towards Bampton	25.5	Turn left towards Knock Staying on 68	55.9
Continue through Bampton	29.0	Turn left for the Christian Centre	57.3
Bear right for Helton/Askham/Penrith	29.2	Great Dun Fell - Timed climb starts here	57.4
Turn Right at Yanwath School continuing on the B5320 towards Penrith	35.8	Great Dun Fell Radar Station. The end of Great Dun Fell Cycle Sportive	62.0

Back to Registration & Safety Information

Turn left onto 68	4.7	Bear right	7.6
Bear right	4.9	Turn right	8.7
Turn left	6.2	Continue onto B6542	9.3
Bear left	6.9	Turn right into Sports Centre / Battlebarrow	9.7

Gears bring plenty 12/32 unless you're a seasoned cyclist, you don't have to use them all but there if needed.

This event is NOT a race. Please ensure you obey the Highway Code.

Only ride two abreast where safe to do so & never more than two abreast.

Please be courteous to other road users. You must give way at all junctions.

Please do not litter. Gel wrappers should not be discarded en-route.

In the event of an accident/collision please assess seriousness. Mobile phone coverage is patchy in some places.

In an emergency please call 999. (Life threatening, serious injury, unconscious casualty).

If you cannot get through please ask a following cyclist to make the call on your behalf further down the road where coverage is better. Consider using public call boxes or local residents/businesses if available.

If the incident/collision is more minor and you require first aid please call,

The event Safety Officer on **07769675045** Alternatively, First Aid will be available at the half way feed station.

A sweep wagon will follow the event behind or close to the last cyclist. If you have a mechanical problem that cannot be fixed please call **07825354436** and they will come and pick you up

Please have a safe and enjoyable event.