

# A.W.Jenkinson Ulswater Sprint Distance Triathlon 2017

## Provisional Results

No	Name		Club	Cat	Sex	Swim	Pos	T1	Pos	Bike	Pos	T2	Pos	Run L1	Run L2	Run in	Run Total	Pos	Finish	Overall	Cat	Sex
270	Jordan	Hull	Yonda Racing	M20	M	10:01.9	1	00:31.9	3	00:44:59	2	00:28.1	4	18:35.7		00:53.3	19:29.0	5	01:15:30	1	1	1
58	James	Douglas	Arragons Cumbrian TC	M30	M	11:51.5	6	00:46.3	15	00:47:54	7	00:38.9	24	08:20.2	07:51.0	00:37.9	16:49.0	1	01:17:59	2	1	2
14	Mark	Benson	Tri Lakeland	M30	M	16:21.5	44	00:41.9	12	00:44:06	1	00:38.5	21	08:17.3	0.0058391	00:40.5	17:22.4	2	01:19:10	3	2	3
56	John	O'Neill	Challenge Tri Camp TFN RT	M40	M	11:44.4	4	00:40.1	9	00:47:17	5	00:33.7	9	09:50.1	09:41.6	00:43.1	20:14.9	6	01:20:30	4	1	4
82	Jonathan	Milton	Manchester Triathlon Club	M20	M	12:34.3	9			00:47:21	6	00:28.1	5	09:36.3	0.0069201	00:45.0	20:19.3	8	01:20:42	5	2	5
63	Stefan	McLoughlin	NRG / TriScience RT	M20	M	12:38.3	11	00:32.1	4	00:46:58	4	00:36.9	16	09:45.2	09:48.4	00:42.9	20:16.4	7	01:21:01	6	3	6
92	Paul	Brindle	Blackburn Harriers	M40	M	13:45.8	17	00:59.8	26	00:49:55	10	00:34.5	12	09:20.2	0.0064578	00:36.4	19:14.5	3	01:24:29	7	2	7
99	Colin	Semple	Tri-Lakeland	M50	M	12:56.9	13	00:38.5	7	00:48:42	8	00:36.0	14	10:32.5	10:22.5	00:46.0	21:41.0	16	01:24:34	8	1	8
15	William	Dixon	Ryton Tri Club	MJ	M	11:56.7	7	00:38.6	8	00:51:18	13	00:28.9	6	09:53.4	0.0067957	00:41.7	20:22.3	10	01:24:44	9	1	9
34	Chris	Freer	Tri-Lakeland	M40	M	15:03.2	23	00:56.2	23	00:48:42	9	00:34.2	11	09:43.5	09:52.7	00:43.4	20:19.5	9	01:25:35	10	3	10
269	Kevin	Hull	Unattached	M50	M	14:06.9	20	00:56.7	24	00:51:41	15	00:41.3	28	19:24.4			19:24.4	4	01:26:50	11	2	11
43	Samantha	Sugden	Arragons Cumbrian TC	F30	F	12:36.8	10	00:41.7	11	00:51:29	14	00:26.8	2	10:45.8	10:58.7	00:50.2	22:34.7	22	01:27:49	12	1	1
109	Dean	Field	Unattached	M30	M	20:44.7	94	00:58.2	25	00:46:24	3	00:37.7	19	20:18.5		00:54.4	21:12.8	14	01:29:57	13	3	12
274	Josh	Waite	Carlisle Tri Club	M30	M	13:03.9	14	00:54.5	18	00:53:16	20	00:38.9	25	10:59.6	10:22.0	00:46.2	22:07.8	18	01:30:01	14	4	13
80	Kevin	Mcloughlin	Cleveland Triathlon Club	M50	M	15:25.9	27	00:55.6	20	00:52:07	16	00:42.0	29	10:19.8	0.0068524	00:43.2	20:55.0	13	01:30:05	15	3	14
35	Andrew	Oglandy	Tri-Lakeland	M30	M	15:59.4	34	00:55.9	21	00:50:32	12	00:34.0	10	10:23.2	12:05.8	00:52.8	23:21.9	29	01:31:23	16	5	15
50	Tom	Whelan	Sun City Tri	MJ	M	10:33.0	2	00:25.1	1	00:59:12	50	00:52.2	46	09:26.9	0.0071933	00:43.3	20:31.7	11	01:31:34	17	2	16
95	Jamie	Crossan	West Cumbria Tri	M30	M	16:23.9	45	01:05.4	31	00:49:56	11	00:38.6	22	11:32.6	11:47.5	00:49.7	24:09.9	38	01:32:14	18	6	17
84	Rachael	Vatter	Tri-Lakeland	F20	F	11:47.7	5	00:29.9	2	00:56:45	41	00:48.5	38	10:36.3	0.0077338	00:49.6	22:34.1	21	01:32:25	19	1	2
55	Jordan	Graham	Unattached	M20	M	15:48.8	32	01:23.8	46	00:52:10	17	00:59.9	58	21:39.3	01:11.7	00:35.6	23:26.6	31	01:33:49	20	4	18
271	Holly	Elliott	Ryton Tri Club	FJ	F	10:53.0	3	00:33.3	5	00:55:13	31	00:27.3	3	25:50.9		00:59.5	26:50.3	62	01:33:57	21	1	3
1	Peter	Soward	Unattached	M40	M	15:21.6	26	01:08.3	34	00:54:59	29	01:01.9	61	10:32.7	10:59.8	00:45.9	22:18.4	19	01:34:49	22	4	19
276	Alan	Cornthwaite	West Cumbria Tri	M40	M	18:23.7	74	00:42.7	13	00:52:24	18	00:32.8	8	11:07.9	0.007599	00:47.7	22:52.1	25	01:34:55	23	5	20
23	Sam	Syers	Unattached	M40	M	14:15.2	22	01:28.3	53	00:55:32	33	01:07.4	71	10:59.4	11:03.3	00:41.5	22:44.2	23	01:35:07	24	6	21
66	Richard	Wallace	Manchester Triathlon Club	M50	M	16:54.8	54	01:11.4	35	00:55:25	32	00:52.6	48	09:50.8	0.0070619	00:45.2	20:46.1	12	01:35:10	25	4	22
36	Michael	Christie	Unattached	M50	M	13:28.4	16	00:56.2	22	00:57:11	43	01:20.2	84	10:43.8	11:04.4	00:44.3	22:32.5	20	01:35:28	26	5	23
108	Kevin	Mulvey	DH Runners	M40	M	17:55.0	66	00:40.7	10	00:54:55	28	00:37.4	18	10:23.5	0.0071273	00:43.6	21:22.8	15	01:35:31	27	7	24
74	Cian	Nutt	Ulverston Tri Club	M30	M	17:11.0	56	01:23.8	47	00:52:53	19	01:10.4	74	11:04.3	11:35.2	00:44.0	23:23.4	30	01:36:02	28	7	25
21	Karoline	Rose	Arragons Cumbrian TC	F30	F	12:44.8	12	01:18.0	39	00:56:38	40	00:56.4	53	11:46.4	0.0082529	00:46.7	24:26.1	40	01:36:03	29	2	4
110	Wendy	Matier	Arragons Cumbrian TC	F40	F	16:06.3	39	01:19.2	41	00:54:26	24	00:38.2	20	11:22.6	11:31.6	00:49.9	23:44.1	34	01:36:14	30	1	5
102	Michael	O'Rourke	Unattached	M50	M	16:57.5	55	01:19.8	43	00:53:26	22	00:59.0	57	11:21.0	0.0080498	00:55.4	23:51.9	36	01:36:34	31	6	26
52	David	Postill	Carlisle Tri Club	M40	M	16:11.7	41	01:15.0	38	00:55:54	34	00:51.9	45	10:45.6	11:15.1	00:50.5	22:51.2	24	01:37:04	32	8	27
42	Mark	Bowen	Tri-Lakeland	M50	M	15:45.0	30	01:12.6	36	00:55:00	30	01:00.7	60	11:31.8	0.0081649	00:50.2	24:07.5	37	01:37:06	33	7	28
59	Amanda	Singleton	Arragons Cumbrian TC	F40	F	16:06.7	40	01:02.5	28	00:54:51	27	00:37.0	17	11:38.4	12:10.4	00:55.2	24:44.0	46	01:37:21	34	2	6
53	Alan	Brooks	Unattached	M20	M	16:38.0	50	02:01.2	76	00:56:36	39	00:55.6	50	10:21.3	0.0074178	00:51.5	21:53.7	17	01:38:04	35	5	29
97	Michelle	Harrison	Unattached	F30	F	12:27.8	8	01:25.2	51	01:00:04	60	00:38.6	23	11:03.0	11:43.6	00:51.2	23:37.9	32	01:38:14	36	3	7
72	Scott	Nichol	Carlisle Tri Club	M30	M	18:33.8	75	00:52.6	16	00:54:30	25	00:47.5	35	11:43.2	0.0083646	00:45.7	24:31.6	43	01:39:15	37	8	30
78	Fiona	Mashiter	Ulverston Tri Club	F40	F	16:32.1	48	01:12.9	37	00:56:13	38	00:41.3	27	11:48.9	12:01.7	00:51.4	24:42.1	45	01:39:21	38	3	8
20	Liam	Nichols	Team XIII	M30	M	18:17.1	70	01:23.5	45	00:54:31	26	00:40.5	26	12:02.3	0.0083605	00:52.7	24:57.4	47	01:39:49	39	9	31
67	Brian	Atkinson	Unattached	M50	M	16:04.6	37	01:51.1	64	00:57:35	45	00:43.4	30	11:19.0	11:37.8	00:52.9	23:49.7	35	01:40:04	40	8	32
176	Andy	Hildreth	Unattached	M40	M	20:04.6	88	01:33.0	56	00:53:19	21	01:04.8	64	12:03.2	0.0080845	00:44.7	24:26.4	41	01:40:27	41	9	33
86	James	Ramshaw	Sun City Tri	M30	M	15:58.6	33	00:55.3	19	00:57:01	42	00:45.0	31	11:56.8	12:52.9	01:02.4	25:52.0	52	01:40:32	42	10	34
16	Emma	Dixon	Ryton Tri Club	FJ	F	14:10.4	21	00:33.4	6	00:59:56	56	00:36.8	15	12:32.1	0.0092049	00:56.5	26:43.9	61	01:42:01	43	2	9
11	Wayne	Owens	Durham Triathlon Club	M50	M	17:34.5	62	01:47.2	61	00:58:49	49	01:05.1	66	10:59.1	11:20.4	00:49.6	23:09.0	27	01:42:25	44	9	35
85	Craig	Wrightson	Sun City Tri	M30	M	16:53.4	53	01:08.1	33	00:59:37	53	00:57.0	55	12:11.2	0.0079855	00:49.2	24:30.4	42	01:43:06	45	11	36
98	Nicola	Nichol	Carlisle Tri Club	F30	F	13:25.1	15	00:52.7	17	01:01:07	63	00:34.8	13	13:25.0	13:14.0	00:50.2	27:29.2	70	01:43:28	46	4	10
87	Paul	Hanson	Unattached	M30	M	16:34.1	49	01:21.5	44	00:57:54	47	01:33.8	98	12:35.7	0.0087546	00:56.4	26:08.5	54	01:43:32	47	12	37
68	Keith	Conway	Ulverston Tri Club	M40	M	16:46.1	52	02:00.2	75	01:00:04	59	01:16.5	82	11:17.3	11:31.7	00:49.0	23:38.1	33	01:43:45	48	10	38
200	Peter	Johnson	St Helens Tri	M40	M	17:25.1	59	02:37.8	96	00:56:10	37	01:18.7	83	13:22.3	0.0085023	00:47.0	26:23.9	58	01:43:56	49	11	39
69	Simon	Higgs	Unattached	M40	M	18:15.5	69	02:07.7	80	00:56:01	35	01:51.1	107	12:18.9	12:32.1	00:50.4	25:41.4	50	01:43:56	50	12	40
73	Lee	Blackburn	Unattached	M30	M	16:01.0	35	02:14.1	85	00:57:32	44	01:22.6	89	12:48.2	0.0092043	01:00.8	27:04.3	67	01:44:14	51	13	41



228	Stacey	Ferris		F30	F	34:29.5	112	03:02.5	103	01:17:49	108	01:45.1	104	14:07.9	0.0102442	01:06.0	29:59.0	95	02:27:05	109	10	36
101	Karen	Frith	Arragons Cumbrian TC	F50	F	19:40.1	85	03:02.2	102	01:21:24	110	01:43.8	103	21:23.7	20:48.8	01:31.3	43:43.7	111	02:29:34	110	4	37
5	Sonya	Carnell	Sun City Tri	F40	F	23:05.2	106	04:12.1	110	01:27:41	111	01:00.6	59	19:36.1	0.0128507	01:14.7	39:21.1	110	02:35:20	111	14	38
106	Lydia	Hawthorn	Unattached	F20	F	27:05.0	109	04:54.5	111	01:44:21	112	02:26.6	111	20:31.4	22:09.3	01:25.8	44:06.4	112	03:02:53	112	5	39
38	Anna	Spence	Unattached	F30	F	19:35.6		01:34.9											DNF			
13	Matthew	Phillips	Sun City Tri	MJ	M	10:53.5		00:33.6											DNF			
111	Heather	Rowe	Carlisle Tri Club	Rel	R	24:57.4		00:39.7		01:09:24		01:12.8		14:23.9	0.0097703	01:01.1	29:29.3		DNF			