

# Carlisle City 10K Series 2018

Points Table - Lowest 4 scores out of 5 races will decide series winners

Name	Club	Cat	Sex	Resolution 10K January 21st	CCUTR May 16th	Carlisle Tri 10K June 6th	Sport in Action 10K August 26th	DH River Run October 28th	Points					Total Points	Series Pos	Series Winners
									Race 1	Race 2	Race 3	Race 4	Race 5			
<b>Series Qualifiers</b>																
Fiona Todd	Border Harriers & AC	Vet 40	F	41:47	41:28	00:41:14	00:41:34	00:40:49		1	3	4	4	12	1	F - Winner
Natalie McCarron	Cumberland AC	Open	F	43:44	41:35		00:40:59	00:40:19	10	2		2	3	17	2	
Shane Stobart	Cumberland AC	Open	M	37:29		00:36:22	00:36:52	00:36:26	11		11	4	3	29	1	M - Winner
Nathan Postill	Border Harriers & AC	Under 20	M	37:28		00:37:04	00:37:06	00:36:12	10		13	5	2	30	2	Under 20 Winner
Vanessa Strickland	Border Harriers & AC	Vet 40	F		44:08	00:45:17	00:45:09	00:44:07		4	10	10	8	32	3	Vet 40 Winner
Lindsay Walker	Keswick AC	Open	F		44:24	00:50:44	00:42:15	00:42:46		5	28	6	7	46	4	
Bethany Duffy	DH Runners	Under 20	F	49:58	45:08	00:45:27	00:47:55	00:47:32		8	11	17	20	56	5	Under 20 Winner
Sean Uttley	Unattached	Vet 50	M	39:11	38:56	00:38:41		00:38:24	19	13	20		5	57	3	Vet 50 Winner
Kyle Laurie	Carlisle Tri Club	Open	M	40:16	38:19	00:38:00	00:38:09		25	10	18	9		62	4	
Kevin Scott	DH Runners	Vet 40	M		39:24	00:40:15	00:40:15	00:39:56		15	25	17	10	67	5	Vet 40 Winner
Claire Reid	Unattached	Vet 40	F		51:29	00:50:01	00:48:18	00:48:28		31	24	18	24	97	6	
Les Hill	Dumfries Running Club	Vet 60	M	41:55	42:07	00:41:34		00:42:27	34	33	36		20	123	6	Vet 60 Winner
Louise Duffy	DH Runners	Vet 40	F	54:47	50:42	00:52:07	00:51:03	00:52:41		27	42	26	43	138	7	
Linda Aspinall	Unattached	Vet 40	F	49:20	51:37	00:51:52		00:51:17	36	32	39		34	141	8	
Sarah Lord	DH Runners	Vet 40	F	50:19	53:10	00:51:56	00:51:56	00:51:36	45		40	28	36	149	9	
Karen Ben Dhaou	Unattached	Open	F	54:21	52:04	00:52:32	00:53:01	00:50:38		37	48	35	30	150	10	
Stella Atherton	Cumberland AC	Vet 40	F	53:10	51:59	00:53:27		00:47:26	61	35	52		19	167	11	
Sharron Clark	Wigton Road Runners	Vet 40	F	53:39	52:20	00:51:11		00:50:48	68	40	34		31	173	12	
Lorna Gold	Fetch Everyone	Vet 50	F	57:42		00:49:48	00:49:09	00:50:31	108		23	20	29	180	13	Vet 50 Winner
Toby Harling	DH Runners	Vet 40	M		44:06	00:44:06	00:44:18	00:42:25		60	60	44	18	182	7	
Kev Iveson	Carlisle Tri Club	Open	M	42:39	47:29		00:42:45	00:43:18	43	80		34	26	183	8	
Liz Postill	Carlisle Tri Club	Vet 40	F	53:32	51:59	00:52:21	00:53:22		66	36	44	37		183	14	
Audrey O'Kelly	Carlisle Tri Club	Vet 50	F	54:36		00:53:25	00:55:01	00:52:49	77		50	46	45	218	15	
Carol Douglas	DH Runners	Vet 50	F	55:27	55:38		00:54:20	00:54:30	86	64		40	54	244	16	
Chris Knox	DH Runners	Vet 50	M		48:21	00:47:07	00:46:14	00:46:32		89	79	55	38	261	9	
Wayne Horsley	Unattached	Vet 40	M	50:07	44:02	00:45:19		00:44:20	106	58	70		35	269	10	
Catherine Nicholson	Cumberland AC	Vet 40	F	1:05:07	57:07	00:57:04	00:57:56	00:56:36		72	75	65	65	277	17	
Steve Viney	DH Runners	Vet 70	M		47:35	00:47:03	00:49:46	00:47:23		82	78	79	42	281	11	Vet 70 Winner
Kerrie Fiddler	Unattached	Vet 50	F	1:01:28		00:54:51	00:57:04	00:52:52	144		61	58	46	309	18	
Mary Messenger	DH Runners	Vet 40	F	1:01:09	1:08:42	00:54:59	00:56:06	00:55:16	142		63	51	60	316	19	
Pauline Ballantyne	Runmums	Vet 50	F	54:22	1:00:48	00:57:55		00:54:30	74	105	83		55	317	20	
John Rowland	Unattached	Vet 50	M	50:44		00:49:30	00:49:20	00:47:56	111		89	76	46	322	12	
Wendy Navin	Cumberland AC	Vet 40	F	54:49	57:50	00:57:46	01:00:00	01:00:02	80	76		79	91	326	21	
Lottie Grace	DH Runners	Open	F	59:53	55:38	00:55:21	01:00:45		127	63	64	82		336	22	
Gill Harding	DH Runners	Vet 50	F		1:00:04	01:02:54	00:57:18	00:57:16		95	113	59	71	338	23	
Heather Herring	Unattached	Vet 40	F		1:02:49	00:59:42	00:59:35	00:57:25		119	98	74	73	364	24	
Lee Jardine	Unattached	Open	M	54:06	49:16	00:51:43	00:49:49		130	94	105	80		409	13	
Dan Alexander	Unattached	Open	M	52:39	57:16		00:55:48	00:53:46	121	131		102	61	415	14	
Gary Chandler	Unattached	Vet 50	M	56:47	51:31	00:53:08	00:50:43		147	111	110	86		454	36	
Tracey Kennett	Cumberland AC	Vet 40	F	1:07:02		00:58:10	01:00:49	01:05:37	179		86	84	119	468	25	

ALL PLEASE SEE BELOW

Sarah Foster	DH Runners	Open	F	1:04:04		01:03:47	01:03:06	01:02:25	158	123	89	103	473	26		
Sara Milburn	DH Runners	Vet 60	F	1:07:50	1:07:42	01:05:13	01:03:52	01:05:10		143	126	92	117	478	27	Vet 60 Winner
Josette Billett	DH Runners	Vet 60	F	1:04:56		01:03:38	01:04:38	01:03:28	165	121	95	112	493	28		
David Mcginn	Unattached	Vet 40	M	1:02:37	1:02:43	01:04:31		01:04:59	162	141	137		72	512	16	
Mark Evans	Unattached	Vet 40	M	57:50	57:46	00:57:24	00:57:20		152	135	127	107		521	17	
Susanne Mcdougall	DH Runners	Vet 70	F		1:19:02	01:16:05	01:08:45	01:08:34		159	140	101	127	527	29	Vet 70 Winner

**Final Results - Lowest 4 scores count**

**Disputes - You have until Friday November 16th 2018, to raise any disputes after this date the results will be final**

**Vet 40 Female won the overall prize so the Vet 40 prize rolls down to the 2nd place Vet 40**