

3 VILLAGE 5 - Prize Winners 2022

Male 1, 2, 3

Benjamin Riddell	00:25:53	30-39	Altrincham & District AC	£30.00
Mark Walsh	00:26:04	40-49	Keswick AC	£25.00
Richard Anderson	00:27:44	30-39	KMC	£20.00

Female 1, 2, 3

Fiona Todd	00:31:21	40-49	Border Harriers & AC	£30.00
Victoria Rankin	00:32:38	30-39	Border Harriers & AC	£25.00
Katie Merral	00:34:25	20-29	Unattached	£20.00

Female Under 20

Millie McVittie	00:34:42		Unattached	£15.00
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Male Under 20

Ashley Todd	00:30:35		Border Harriers & AC	£15.00
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Female 20-29

Jen Bale	00:37:07		Unattached	£15.00
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Male 20-29

Damian Rys	00:30:51		Carlisle Tri Club	£15.00
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Female 30-39

Ewa Zielinska	00:34:35		Unattached	£15.00
Caroline Charlton	00:37:05		DH Runners	£10.00
Jennie Forster	00:38:25		Unattached	£5.00

Male 30-39

Richard Johnson	00:27:50		Morpeth Harriers & AC	£15.00
Ashley Ryan	00:30:36		Ellenborough AC	£10.00

Female 40-49

Georgie Mcroberts	00:37:20		Unattached	£15.00
Georgie Lowry	00:37:30		Carlisle Tri Club	£10.00
Claire Buis	00:39:08		Unattached	£5.00

Male 40-49

Paul Graham	00:28:52		Netherhall AC	£15.00
Phil Whitehead	00:32:10		Carlisle Tri Club	£10.00

Female 50-59

Lorna Gold	00:38:47		Cumberland AC	£15.00
Joanne Mckenzie	00:40:17		Carlisle Tri Club	£10.00

Male 50-59

Scott Martin	00:30:30		Kilmarnock Harriers & AC	£15.00
Adrian Sowerby	00:30:38		Carlisle Tri Club	£10.00
Peter Walker	00:31:43		Eden Runners	£5.00

Female 60-69

Jayne Phillips	00:44:47		Allen Valley Striders	£15.00
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Male 60-69

David Johnson	00:37:44		Eden Runners	£15.00
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Male 70-79

Steve Viney	00:43:01		DH Runners	£15.00
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