Route 2 Cue Card			
	0.1 mile	Turn Right on B5307	
	2.1 miles	Slight left for Kirk Andrews	
	3.5 miles	Turn left for cycle route 72 / Burgh by Sands	
	5 miles	Passing through Burgh by Sands	
	11.3 miles	Passing through Port Carlisle	
	12.5 miles	Passing straight through Bowness on Solway heading to Anthorn	
	19.5 miles	Passing through Anthorn	
	21.6 miles	Right turn heading for Kirkbride	
	22.1 miles	Right turn for Newton Arlosh	
	28 miles	Enter Abbeytown	
	28.4 miles	Turn Right for Silloth	
	31.6 miles	Turn Right for Skinburness	
	33.5 mile	Continue onto Skinburness Road to Criffel Street Silloth	
<b>—</b>	35.2 miles	Turn Left onto Eden Street (Golf Hotel)	
	35.6 miles	Continue onto B5300 heading for Allonby	
<b>—</b>	43.1 miles	Turn Left before the bridge, Heading for West Newton	
	46.8 miles	Turn Left for Silloth	
	48.3 miles	Turn Right for Abbeytown	
	52.7 miles	Turn Left Aid Station Ahead	

52.9 miles	Turn left out of the Aid Station then take the next Right Turn (The Wheatsheaf Inn) heading back to Newton Arlosh and Kirkbride
59.1 miles	Turn Right into Kirkbride
59.3 miles	Turn Right at the bridge
62.8 miles	Straight through Kirkbride for approx. 3.5m then turn Left at the cross roads (Bird in Hand)
66.1 miles	After turning Left stay on this road for approx. 3.3miles - After entering Aikton Turn Right for Wiggonby/Great Orton/Carlisle
67.6 miles	Bear left into Wiggonby
68.1 miles	Turn Left for Kirkbampton and the finish
70.8 miles	Turn Right into Kirkbampton Village Hall and the finish